

Support for Parents and Carers with regards to Special Educational Needs

1. Essex Local Offer for parents and carers can be found here:

<https://send.essex.gov.uk/about>

2. Advice for Parents and Carers by the SPACE organisation. This is a new service from October 2025 and all support is free for parents and carers:

[One-to-one support | Support for Parents And Carers in Essex](#)

3. Attend SEND Roadshows for Mid-Essex which supports parents and carers:

[Local Offer Roadshow, Mid Essex | Essex Local Offer](#)

4. Subscribing to the Local Authority Newsletter is highly recommended for parents and carers:

[Essex Local Offer](#)

5. Electronic Toolkit for Parents and Carers of children who are Neurodivergent;

[Supporting Your Neurodiverse Child](#)

6. Support for parents, carers and young people who are Autistic:

[Services supporting autistic young people](#)