

Referrals for Autism Spectrum Condition / Attention Deficit Hyperactivity Disorder Explorational Agency Paperwork

The Academy is aware that some parents and guardians have been advised that the school must start the referral process for Autism Spectrum Condition and Attention Deficit Hyperactivity Disorder exploration.

The current NHS guidelines for Essex states that: your child's school, their GP or a health professional can submit a referral via the MyCareBridge online system.

A school referral can only be made where there is sufficient evidence, and a history of difficulties seen in the educational setting. In cases where there is insufficient school evidence, a medical professional should decide how best to proceed.

We appreciate that this is sometimes difficult for parents and guardians, but self-referral to CAMHs for a behavioural assessment in this case is possible.