#### Monday Week 3 Break menu

Potato option Rosti £1.00 Bread option Garlic bread £1.00

# <u>Meat option</u> Plain chicken burger £2.00

Battered chicken fillet in a white bun

# Mayonnaise and lettuce chicken burger £2.00

Battered chicken fillet with mayo and lettuce in a white bun

# Vegetarian option

# Quorn sausage with Smokey ketchup and caramelized onion wrap £2.00

Quorn sausage with paprika ketchup

# **Gluten free option**

# Gluten free chicken pizza £2.00

Diced chicken on top of a BBQ sauce, with peppers, sweetcorn and cheese on a gluten free base

#### Monday Week 3 Lunch menu

#### <u>Pasta</u>

Plain 80p Grated cheese £1.50 Tomato sauce £1.50 Carbonara £1.50

#### Jacket potatoes £2.00

Beans Just cheese Cheese and beans Tuna sweetcorn mayo

#### Street food

#### Slice BBQ chicken pizza £2.40

BBQ sauce base with diced chicken, sweetcorn and pepper loaded with mixed cheese

#### Vegetable pizza £2.00

Tomato base loaded with sweetcorn, peppers, onions, and courgettes with mixed cheese

## Grab and Go

#### Wedges with garlic and herb dip $\pm 1.40$

Homemade paprika wedges with a garlic and herb dip

## Garlic bread balls £1.70

Bread bites coated with garlic & parsley spread

#### Tuesday week 3 Break menu

Potato option Hashbrown £1.00 Bread option Pretzel £1.50

#### Meat option

#### Beef patty burger with cheese £2.00

Cooked seasoned 2oz beef burgers with added textured soya protein with sliced cheese in a white roll optional tomato and lettuce

# Beef patty burger £1.70

Cooked seasoned 2oz beef burgers with added textured soya protein with in a white roll

## **Vegetarian option**

#### Quorn patty burger with cheese £2.00

Meat free sausage flavour patty, made with mycoprotein, with sliced cheese and optional lettuce and tomato

# **Gluten free option**

# Gluten free cheese and pepperoni panini £2.00

Slices of pepperoni with mozzarella cheese baked in a grill marked gluten free panini

#### Tuesday week 3 lunch menu

#### Pasta

Plain 80p Grated cheese £1.50 Tomato sauce £1.50 Carbonara £1.50

#### Jacket potatoes £2.00

Beans Just cheese Cheese and beans Tuna sweetcorn mayo

#### Street food

#### Katsu chicken rice bowl £2.40

Sliced panko chicken with katsu sauce loaded on white and brown rice

## Katsu tofu rice bowl £2.40

Sliced panko tofu with katsu sauce loaded on white and brown rice

# Grab and Go

#### Pepperoni and cheese panini £2.00

Slices of pepperoni with mozzarella cheese baked in a grill marked panini

#### Pesto cheese and tomato panini £2.00

Slices of pepperoni with mozzarella cheese baked in a grill marked panini

#### Wednesday week 3 Break menu

Potato option Wedges £1.00 <u>Bread option</u> Cinnamon sugar pretzel £1.50

#### Meat option

#### Ham and cheese panini £2.00

Slice of ham with mozzarella cheese baked in a grill marked panini

#### Pepperoni and cheese panini £2.00

Slices of pepperoni with mozzarella cheese baked in a grill marked panini

## Pesto chicken panini £2.00

Layer of green pesto with diced grilled chicken

# Vegetarian option

## Baked Beans and cheese panini £2.00

Tomato baked beans with mozzarella cheese baked in a grill marked panini

## Mozzarella, pesto and tomato panini £2.00

Layer of green pesto Mozzarella cheese, sliced tomato baked in a grill marked panini

# **Gluten free option**

# Gluten free cheese panini£2.00

Grated cheddar cheese with mozzarella cheese baked in a gluten free grill marked panini

#### Wednesday week 3 lunch menu

Pasta

Plain 80p Grated cheese £1.50 Tomato sauce £1.50 Carbonara £1.50

#### Jacket potatoes £2.00

Beans Just cheese Cheese and beans Tuna sweetcorn mayo

Street food

#### Meatball melt wrap .£2.40

Pork meatballs in a rich tomato and bail sauce with melted mozzarella cheese baked in a tortilla wrap

#### Crispy tofu and chilli jam wrap £2.40

Breaded tofu with a homemade chilli jam with spinach, sliced cabbage and onion in a tortilla wrap

# Grab and Go

#### Seasoned Curly Fries £1.70

Curly potatoes with a spicy coating

# Fillet o fish £2.00

Battered cod with, sliced cheese, lettuce and a mayonnaise

#### Thursday Week 3 Break menu

Potato option Rosti £1.00 Bread option Garlic bread £1.50

Meat option

#### Bacon roll £1.70

Two rashers of crispy bacon in a white roll

# Bacon and hashbrown roll £1.70

Rasher of crispy bacon with a hashbrown in a white roll

**Vegetarian option** 

## Egg, hash and cheese roll £2.00

Fried egg with hashbrown and slice cheese in a white roll

# **Gluten free option**

# Gluten free bacon and cheese roll £2.00

Two rashers of Crispy bacon with slice cheese in a gluten free roll

#### Thursday week 3 lunch menu

Pasta

Plain 80p Grated cheese £1.50 Tomato sauce £1.50 Carbonara £1.50

#### Jacket potatoes £2.00

Beans Just cheese Cheese and beans Tuna sweetcorn mayo

# Street food

# Loaded BBQ pulled pork potato £2.40

Crispy roast style potato loaded with BBQ pulled pork with a side of slaw

# Crispy salt and chilli potatoes £2.40

Crispy roast style potato with spring onions, chillies and five spice seasoning

# Grab and Go

## Slice of Cheese & tomato pizza £1.40

Slice of Cheese & pepperoni pizza £1.50

## Friday Week 3 Break menu

Potato option Rosti £1.00 Sweet option Waffle £1.20

#### Meat option

#### Ham and cheese panini £2.00

Slice of ham with mozzarella cheese baked in a grill marked panini

#### Pepperoni and cheese panini £2.00

Slices of pepperoni with mozzarella cheese baked in a grill marked panini

# BBQ chicken panini £2.00

# Vegetarian option

# Baked Beans and cheese panini £2.00

Tomato baked beans with mozzarella cheese baked in a grill marked panini

# Mixed Cheese panini £2.00

Grated cheddar cheese with mozzarella cheese baked in a grill marked panini

# **Gluten free option**

# Gluten free cheese and ham panini £2.00

Slices of pepperoni with mozzarella cheese baked in a grill marked gluten free panini

# Gluten free sugar pancakes £1.20

Two gluten free pancake with sugar

#### Friday week 3 lunch menu

Pasta

Plain 80p Grated cheese £1.50 Tomato sauce £1.50 Pesto £1.50

#### Jacket potatoes £2.00

Beans Just cheese Cheese and beans Tuna sweetcorn mayo

# Street food

#### Indian butter chicken wings £2.40

Chicken wing marinated with curry powder, chili, garam masala baked in the oven and a herb and lemon butter to finish

# Onion bhajis with mango chutney £2.40

Large onion bhaji with mango chutney dipping sauce

# Grab and Go

## Sausage rolls £1.50

Puff pastry rolled around pork sausage meat

# Vegan rolls £1.50

Savoury vegan filling encased in a pre-glazed, flaky pastry roll

#### Gluten free chicken goujons and ketchup £2.00

Three crispy chicken goujons with a pot of tomato ketchup