

Secondary Citizenship & PSHE curriculum

		Year 7	Year 8	Year 9	Year 10	Year 11
	1	What are first impressions?	How do rules and laws differ?	What is news?		Where can I go and what
Autumn 1	2	Who am I?	Where do laws come from?	How can I judge the reliability of a news article?	What is mental health?	can I do after Year 11?
	3	What is self-esteem?	What crimes occur near me?	How can I verify information?	How can social media affect me?	How can I prepare 21 st Century skills for 21 st Century jobs?
	4	What makes a relationship healthy?	Who is involved in the legal process?	How might I be manipulated?		
	5	How are families different?	Are all courtrooms the same?	How can I REVIEW my news?	What are eating disorders?	What is a CV and what should it contain?
	6	What do healthy friendships look like?	How am I influenced?	What is body image?		
	7	What is bullying?	What do I need to know about gangs?	How might the media influence how I feel about the way I look?	How can I cope with grief?	How can I prepare for an interview?
Autumn 2	8	What is cyberbullying?	What should I know about knife crime?	How might drugs affect us?		
	9	How can I take a stand when I see bullying happening?	What is grooming?	Why do people use drugs?	What do I remember about essential first aid?	Allow loss of lessons for Mocks
	10	Is everyone treated equally?	What does 'county lines' mean?	Why might people use steroids?		
	11	What are stereotypes?	What is extremism?	What does the law say about drugs?	What are human rights?	How can I manage stress?
	12	How might people with disabilities be treated?	What are hate crimes?	What risks are linked to drug use?		
	13	How can we deal with racism?	How can I share key information about crime with others?	What is addiction?	Should my privacy be protected at all costs?	How might my health affect my exam performance?
	14	What support can I offer to others?	How can I share key information about crime with others?	Should cannabis be legalised?		
Spring 1	15	What is health?	What does caffeine do to my body?	What does a democratic country look like?	What rights do asylum seekers have?	How realistic is pornography?
	16	How can screentime affect my health?	What are prescription drugs?	How else might a country be run?		
	17	How much sleep should I be getting?	What are units?	What does the Cabinet do?	How does the law try to protect victims of FGM and GBV?	How can I maturely end a relationship?
	18	What makes vaping addictive?	What are the physical effects of drinking alcohol?	What advice would I give to the Cabinet in an emergency?		
	19	How can I look after my teeth?	What are the social effects of drinking alcohol?	Who in the UK holds the greatest power?	What risks might be involved in sexual acts?	What does stalking look like?
	20	What are the benefits of physical activity?	How can I manage influence and pressure around alcohol?	How are those in power held to account?		
Spring 2	21	How can I manage my personal hygiene?	Which common health conditions should I know about?	How are our differences protected by the law?	What factors might affect my fertility?	How are taxes calculated?
	22	What are the physical changes of puberty?	How can I help someone who is choking or who is hurt?	How have attitudes towards sex and gender changed over time?		
	23	What happens during menstruation?	What is CPR, and how do defibrillators work?	How have attitudes towards sexual orientation changed?	What risks might be involved in sexual acts?	What are pensions?
	24	What are the emotional aspects of puberty?	What do antibiotics do to my body?	How have attitudes towards race changed over time?		
	25	How can I share key information about puberty with young people?	How do vaccinations work?	How might people show their commitment to their partner?	Where can I access sexual health services?	Where does the government spend our money?
	26	How can I share key information about puberty with young people?	Should vaccinations be compulsory?	What are my personal boundaries?		
Summer 1	27	What is a risk?	What do healthy, romantic relationships look like?	What is sexual harassment?	How can I identify meningitis and strokes?	Exams
	28	How can I be safe on, and near, the road?	What is consent?	What other forms of contraception exist?		
	29	How can I be safe near train lines?	What does the law say about sharing nudes?	What options does someone have if they are pregnant?	What is cancer?	
	30	How can I be safe around water?	What are potential signs of abuse?	What happens during pregnancy?		
	31	How can I be safe online?	How are condoms used?	How might citizens become involved in the legal system?	How are less to the second	
Summer 2	32	What do young carers do?	What are STIs?	How do courts decide on sentences?	How can I examine myself?	
	33	Can young people make a change?	What are my rights as a consumer?	What is international law?	What services are available to manage my health?	
	34	What is Parliament?	Which documents can help me to keep track of my money?	What does the UK have to do with the Commonwealth?		
	35	How are political parties similar and different?	How can a budget help to manage my money?	What does the UK have to do with the United Nations?	What parts of our bodies can be donated to others?	
	36	What happens in a General Election?	How effectively can I budget for a real-world scenario?	What is phishing?		
	37	What would my platform for election look like?	How does credit work?	How do loans and mortgages work?	Allow loss of lessons for Mocks	
	38	What do MPs do?	What are the potential effects of gambling?	Do I really need insurance?		







