### Monday break- week 2

### Beef Burger £2.00

British & Irish beef, in a white bun

### Cheeseburger £2.00

British & Irish, beef, with cheese in a white bun

### Quorn cheeseburger £1.70

Meat free savoury flavour burgers, made with mycoprotein with sliced cheese in a white roll

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# Gluten free pepperoni and cheese panini £2.00

## Croissant with jam and butter or chocolate sauce £1.20

Two sour dough crumpets with homemade chocolate sauce

Potato rosti £1.00 Garlic bread £1.00

# Monday lunch week 2 Main Canteen

### All main meals £2.70 take out Chilli con carne

Spicy stew containing chili peppers, beef meat, tomatoes, and kidney beans. Other seasonings include garlic, onions, and cumin, served with white and brown rice or nachos

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### Caramelized onion quiche

Homemade pastry filled with caramelized onions, cheese free range eggs and cream baked in the oven served with salad

### Grab & Go

Slice of Cheese & tomato pizza £1.40

Slice of Cheese & pepperoni pizza £1.50

Gluten free cheese and pepperoni pizza £1.50

### Monday lunch week 2

Pasta
Gluten free £1.00
Plain 80p
Grated cheese £1.50
Tomato sauce £1.50
Carbonara Sauce £1.50

Jacket potatoes £2.00

Beans

Just cheese

Cheese and beans

Tuna, mayo with sweetcorn

### Tuesday break week 2

# Sausage patty, with sliced cheese & hash brown wrap £2.00

Pork seasoned patty with hashbrown all wrapped in a tortilla wrap optional cheese available

# Fried egg, hashbrown and cheese wrap £2.00

Fried egg with a crispy hashbrown and sliced cheese all wrapped in a tortilla wrap

### Gluten free breakfast pot £2.00

Gluten free sausage, rasher of bacon, rosti and beans

#### Pizza turnover £1.50

Pizza sauce with mixed cheese encases in folded pastry baked in the oven

### Wedges £1.00

### Tuesday lunch week 2

Pasta Gluten free £1.00 Plain 80p Grated cheese £1.50 Tomato sauce £1.50 Carbonara Sauce £1.50 Jacket potatoes £2.00 Beans Just cheese Cheese and beans Grab & Go Sweet chilli noodles with prawn crackers £1.70

Pot of sweet chilli noodles with fried prawn crackers

### Salt and chilli chips £1.50

Sliced red and green chillies with spring onion, fried with Chinese five spice and other spices all mixed with oven chips

### Wednesday Break week 2

## Bacon, hashbrown, and cheese muffin £2.00

Slice of crispy bacon, with a hash brown in a white breakfast muffin optional cheese

## Fried egg, crispy hashbrown, sliced cheese muffin £2.00

Fried egg with a hashbrown, slice of cheese in a breakfast muffin

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Hot Pretzels £1.20
Pot of potato rosti with cheese £1.20

### Potato rosti £1.00 Garlic bread £1.00

# Wednesday lunch week 2 Main Canteen

### All main meals £2.70 take out Chicken roast

Rolled chicken stuffed with an herb stuffing served with homemade Yorkshire pudding, vegetables, roast potatoes, and gravy

Gluten free available

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# Cauliflower cheese and leek bake with a crispy top

Creamy cauliflower cheese layered with cheese and fried leeks bake in the oven, served with Yorkshire pudding, vegetables, and gravy

### Grab & Go

#### Pizzini £2.00

Mozzarella and Cheddar cheese with spiced pizza sauce and garlic in a white grill marked panini.

## Potato skins with cheese and chives £1.50

Crispy potato skins filled with grated cheese and chives topped with mozzarella cheese

### Wednesday lunch week 2

Pasta
Gluten free £1.00
Plain 80p
Grated cheese £1.50
Tomato sauce £1.50
Arrabbita sauce £1.50

Jacket potatoes £2.00

Beans

Just cheese

Cheese and beans

Tuna, mayo with sweetcorn

### Thursday Break week 2

### Southern fried chicken wrap with sweet chilli sauce £2.00

Two southern fried chicken goujons with sweet chilli sauce wrapped in a grill marked wrap

### Hot Cheese and ham wrap £1.50

Slice of ham with mozzarella and cheddar cheese in a grill marked wrap baked in the oven

#### Hot Cheese wrap £1.50

Mozzarella and cheddar cheese in a grill marked wrap baked in the oven

## Gluten free chicken goujons and ketchup £2.00

Three crispy chicken goujons with a pot of tomato ketchup

Hot Pretzels £1.20

Hashbrown £1.00

### Thursday lunch week 2

Pasta
Gluten free £1.00
Plain 80p
Grated cheese £1.50
Tomato sauce £1.50
Creamy Pesto Sauce £1.50

Jacket potatoes £2.00

Beans

Just cheese

Cheese and beans

Tuna, mayo with sweetcorn

# Thursday lunch week 2 Main Canteen

## All main meals £2.70 take out Spaghetti bolognaises

Gluten free option available

Mince beef in a ruga sauce served with served with garlic bread and salad

### Vegetable bolognaises

Vegetable Ruga served with spaghetti, side salad and garlic bread

### Grab & Go

### Cheeseburger £2.00

British & Irish beef burger with sliced cheese in a white bun

### Plain Burger £2.00

90% meat content scored burger produced from British & Irish beef

### Quorn cheeseburger £1.70

Meat free savoury flavour burgers, made with mycoprotein with sliced cheese in a white roll

# Friday Break - Week 2 Paninis £2.00

Ham and cheese
Pepperoni and cheese
Baked Beans and cheese
Mixed Cheese
Gluten free pepperoni and cheese
BBQ chicken

Gluten free sugar pancakes £1.20 Belgium waffles £1.00

Wedges £1.00

### Friday Grab & Go lunch week 2

Pasta Gluten free £1.00 Plain 80p Grated cheese £1.50 Tomato sauce £1.50 Arrabbita sauce £1.50 Jacket potatoes £2.00 Beans Just cheese Cheese and beans Tuna sweet corn mayo <u>Grab and go</u> Sausage rolls £1.40

Puff pastry rolled around pork sausage meat

### Vegan rolls £1.20

Savoury vegan filling encased in a pre-glazed, flaky pastry roll

# Gluten free chicken goujons and ketchup £2.00

Three crispy chicken goujons with a pot of tomato ketchup