

Monday Break - Week 1

**Sausage patty burger with cheese
£1.50**

Herby pork sausage patty with sliced cheese in a white roll

Pork sausage patty burger £1.40

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**Quorn patty burger, hash brown
and cheese £1.70**

A Meat free sausage flavour patty, made with mycoprotein
With hashbrown and sliced cheese

Cheese Omelette £1.20

Free range egg omelette with melted cheddar cheese

**Gluten free sausage patty and
cheese roll £1.70**

Herby pork sausage patty with sliced cheese in a gluten free roll white roll

Seasoned Wedges £1.00

Please see the daily matrix for the allergies, or ask one of the catering team

Monday Lunch - Week 1

Main Canteen

All main meals £2.50 eat in or £2.70 take out

Chicken Gyro bowl

Greek Chicken Gyro Bowls are incredibly tasty and packed with tzatziki, spiced chicken, crunchy veggie salad, and pickled onions.

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Chickpea Gyro bowl

Greek chickpea Bowls are incredibly tasty and packed with tzatziki, spiced chickpeas, crunchy veggie salad, and pickled onions.

Grab & Go nachos

Chili con carne with optional cheese

£2.00

Gluten free

Spiced beef mince chili, with kidney beans loaded on nachos

Loaded bacon and cheese £2.00

Chopped crispy bacon and mixed cheese loaded on top of nachos

Just cheese £1.50

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Tuesday Break - Week 1

Paninis £2.00

Ham and cheese

Pepperoni and cheese

Baked Beans and cheese

Mixed Cheese

Gluten free cheese and ham

BBQ chicken

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Hash browns £1.00

Please see the daily matrix for the allergies, or ask one of the catering team

Tuesday Lunch - Week 1

Main Canteen

All main meals £2.50 eat in or £2.70 take out

Meatballs with spaghetti

Gluten free available

Pork meatballs in a rich tomato sauce served with spaghetti and garlic bread

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Pizza stuffed peppers

Bell pepper packed with lentils, vegetable tomato sauce, basil and mixed cheese baked in the oven with salad

Grab & Go

Cheeseburger £2.00

90% meat content scored burger from British & Irish beef with sliced cheese in a white bun

Plain Burger £2.00

90% meat content scored burger produced from British & Irish beef

Quorn cheeseburger £1.70

Meat free savoury flavour burgers, made with mycoprotein with sliced cheese in a white roll

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Wednesday Break - Week 1

Plain Battered chicken burger £1.70

Battered chicken fillet in a white bun

BBQ Chicken burger £1.70

Battered chicken fillet with BBQ sauce

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Plant-based nuggets with dip £1.70

6 Beyond Tempura Nuggets are a mouth-watering choice for vegans, vegetarians, flexitarians, and anyone exploring a meat-free choice.

**Cheese, pesto, and tomato wrap
£1.50**

Layer of green pesto, grated cheese and sliced tomato in a wrap baked in the oven

**Gluten free BBQ chicken burger,
and sliced cheese £2.00**

Grilled chicken breast with BBQ sauce and slice cheese in a gluten free roll

Potato rosti £1.00

Garlic bread £1.00

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Wednesday Lunch- week 1

Main Canteen

All main meals £2.50 eat in or £2.70 take out

Spanish chicken traybake

Chicken thighs with chorizo sausage, peppers, tomatoes, new potatoes, and onion all mixed up in herb butter served with green beans

Warm roasted couscous salad

Diced and baked butternut squash, chickpeas and onion mixed with kale, couscous an apple cider and maple dressing

Grab & Go

Pot of roast potatoes and gravy
£1.50

Bacon and cheese pastry turnover
£1.50

Slice of bacon topped with grated mixed cheese folded in puff pastry

Cheese and bean turnover £1.50
Baked beans with mixed grated cheese, folding in puff pastry

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Thursday Break - Week 1

Pepperoni and cheese mezzaluna bread £2.00

Half-moon folded flatbread made with extra virgin olive oil, filled with pepperoni, and mixed cheese

Ham and cheese mezzaluna bread £2.00

Half-moon folded flatbread made with extra virgin olive oil, filled with sliced ham, and mixed cheese

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BBQ Sweet potato & chickpea wrap £1.40

Diced sweet potato, with chickpea mixed with BBQ sauce then wrapped in a tortilla wrap baked in the oven

Gluten free French toast with crispy bacon and honey £2.00

Gluten free French toast made with thick slices of bread soaked in a simple custard and fried in butter, topped with crispy bacon, coated in honey

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Hash browns £1.00

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Thursday Lunch - Week 1

Main Canteen

All main meals £2.50 eat in or £2.70 take out

Beef Lasagne

Ground beef mince cooked in a rich ragu sauce layered with pasta, bechamel sauce and cheese, With a side of garlic bread and mixed salad

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Roasted vegetable lasagne

Roasted peppers, courgettes, aubergine, and spinach lasagne, with a side of garlic bread and mixed salad

Grab & Go

Slice of Cheese & tomato pizza £1.40

Slice of Cheese & pepperoni pizza £1.50

Gluten free cheese and pepperoni pizza
£1.50

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Friday Break - Week 1
Paninis £2.00

Ham and cheese

Pepperoni and cheese

Baked Beans and cheese

Mixed Cheese

Gluten free cheese and ham

Chicken pesto and cheese

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Gluten free sugar pancakes £1.20

Belgium waffles £1.00

Hash browns £1.00

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Friday Grab & Go
lunch week 1

Pasta

Gluten free £1.00

Plain 80p

Grated cheese £1.50 GF

Tomato sauce £1.50 GF

Creamy pesto sauce £1.50 GF

Jacket potatoes £2.00

Beans

Just cheese

Cheese and beans

Tuna sweet corn mayo

Grab and go

Sausage rolls £1.40

Puff pastry rolled around pork sausage meat

Vegan rolls £1.20

Savoury vegan filling encased in a pre-glazed, flaky pastry roll

Gluten free chicken goujons and
ketchup £2.00

Three crispy chicken goujons with a pot of tomato ketchup

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team

