

Monday break week 3

Plain battered chicken burger £1.70

Battered chicken fillet in a white bun

Battered chicken burger and mayonnaise £1.70

Battered chicken fillet with mayo in a white bun

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Ham and cheese toasties £1.50

Sliced ham with mixed cheese in white bread toasted in the
oven

Cheese toasties £1.40

Mixed cheese in white bread toasted in the oven

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Gluten free Chicken goujons with ketchup dip £2.00

Two crumpets with butter and jam or chocolate sauce £1.20

Potato rosti £1.00

Garlic bread £1.00

Please see the daily matrix for the allergies, or ask one of the
catering team

Monday Lunch week 3
Main Canteen

Mexican tacos and rice

£2.50 eat in or £2.70 take out

Two Shell tacos filled with lightly spiced mincemeat, with topping of salsa, grated cheese and guacamole, and a side of rice and roasted vegetables

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Mexican tacos and rice

£2.30 eat in or £2.50 takeout

Two Shell tacos filled with lightly spiced roasted vegetables t, with topping of salsa, grated cheese and guacamole, and a side of rice and salad

Grab & Go

Sausage rolls £1.40

Puff pastry rolled around pork sausage meat

Vegan rolls £1.20

Savoury vegan filling encased in a pre-glazed, flaky pastry roll

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Tuesday break week 3

Paninis £1.70

Ham and cheese

Pepperoni and cheese

Gluten free bacon and cheese

Baked Beans and cheese

Mixed Cheese

Pesto, tomato, and cheese

Paninis £2.00

Meatballs and cheese

BBQ chicken

Seasoned Wedges £1.00

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Tuesday Lunch week 3

Main Canteen

Hunter's chicken

£2.50 eat in or £2.70 take out

Chicken breast wrapped in bacon with BBQ sauce and loaded with cheese, served with homemade wedges and vegetables

Gluten free

Salt and pepper halloumi wrap

£2.30 eat in or £2.50 takeout

Sticky salt and pepper halloumi served in a soft wrap and salad

Grab & Go

All day breakfast pot £2.00

Breakfast sausage, bacon, hashbrown, egg and beans

Quorn all day breakfast pot £2.00

Quorn sausage, grilled tomatoes, hashbrown, egg and beans

Wednesday break Week 3

Sausage patty burger with cheese

£1.50

Herby pork sausage patty with sliced cheese in a white roll

Sausage patty burger, with hashbrown, and cheese £1.70

Herby pork sausage patty with a hashbrown, and sliced cheese
in a white roll

Pork sausage patty burger £1.40

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Quorn patty burger, hash brown and cheese £1.70

A Meat free sausage flavour patty, made with mycoprotein
With hashbrown and sliced cheese

Cheese on toast £1.50

Gluten free sausage patty and cheese roll £1.70

Herby pork sausage patty with sliced cheese in a gluten free ciabatta roll

Potato rosti £1.00

Garlic bread £1.00

Soup of the day £1.00

Please see the daily matrix for the allergies, or ask one of the catering team

Wednesday Lunch Week 3

Main Canteen

Turkey roast

£2.50 eat in or £2.70 take out

Rolled sliced turkey served with stuffing balls, homemade Yorkshire pudding, vegetables, roast potatoes, and gravy

Gluten free available

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Quorn toad in the hole

£2.30 eat in or £2.50 takeout

Quorn sausage in a Yorkshire pudding served vegetables, roast potatoes, and gravy

Grab & Go

Chicago town pepperoni pizza

£2.00

A deep dish pizza base topped with tomato sauce, mozzarella and slices of mini pepperoni.

Deep pan cheese and tomato pizza £2.00

A deep dish pizza base topped with tomato sauce, mozzarella and low fat cheese and tomato piece

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Thursday Break Week 3

Bacon, hash, and cheese wrap £1.70

Rashers of bacon, hash brown with sliced cheese wrap

Bacon and hash wrap £1.50

Rashers of bacon and a hash brown in a wrap

Fried Egg, cheese, and hash wrap £1.50

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Gluten free French toast with honey and crispy bacon £1.70

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Two pancakes with optional sugar or homemade chocolate sauce £1.00

American-style pancake with a "fluffy", sponge texture and light vanilla flavour, served with pot of chocolate sauce or sugar

Seasoned Wedges £1.00

Soup of the day £1.00

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Thursday Lunch Week 3
Main Canteen

Cajun chicken loaded fries

£2.50 eat in or £2.70 take out

Sliced Cajun chicken, garlic mayo, salsa, sweetcorn, or salad on loaded on fries

✓ Loaded Tex Mex sweet potato fries

£2.30 eat in or £2.50 takeout

Paprika sweet potato fries baked in the oven, loaded with kidney beans, chickpea, salsa, sweetcorn, cheese, and garlic mayo

Grab & Go

Cheeseburger £2.00

British & Irish beef burger with sliced cheese in a white bun

Plain Burger £2.00

British & Irish beef burger in a white bun

✓ Quorn cheeseburger £1.70

Meat free savoury flavour burgers, made with mycoprotein with sliced cheese in a white roll

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Friday Break week 3

Paninis £1.70

Ham and cheese

Pepperoni and cheese

Baked Beans and cheese

Mixed Cheese

Gluten free bacon and cheese

Gluten free sugar pancakes £1.20

Belgium waffles £1.00

Hashbrowns £1.00

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Friday lunch week 3

Chicken nuggets with chips

£2.50 eat in or £2.70 take out

Breaded chicken nuggets served with chip, peas, or
beans

Vegetable Nuggets with chips

£2.30 eat in or £2.50 takeout

6 vegetable nuggets with chips peas, or beans

Grab & Go

Fish and chips £2.00

Skinless, boneless formed cod fillets coated in a crispy batter,
served with oven chips

Battered sausage and chips £2.00

Homemade battered pork sausage with oven chips

Vegetable nuggets and chips

£1.70

5 vegetable nuggets served with oven chip