Monday Break - Week 1

**Sausage patty burger with cheese** £1.50

Herby pork sausage patty with sliced cheese in a white roll

**Sausage patty burger, hashbrown and cheese** £1.70

Herby pork sausage patty with a hashbrown, sliced cheese in a white roll

**Sausage patty burger, hashbrown, egg and cheese** £2.00

Herby pork sausage patty with a hashbrown, sliced cheese in a white roll

**Pork sausage patty burger** £1.40

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**Quorn patty burger, hash brown**

**and cheese** £1.70

A Meat free sausage flavour patty, made with mycoprotein

With hashbrown and sliced cheese

**Gluten free sausage patty, egg, and cheese roll £2.00**

Herby pork sausage patty with sliced cheese, fried egg in a gluten free roll

**Seasoned Wedges** £1.00

**Soup of the day** £1.00

Please see the daily matrix for the allergies, or ask one of the catering team

Monday Lunch - Week 1

Main Canteen

**Chicken korma with rice and naan bread**

£2.50 eat in or £2.70 take out

Diced Chicken breast in a mild curry sauce with tomato, coconut and cream served with brown and white rice and naan bread

**Gluten free available**

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**Vegetable tortilla samosas, served with rice and mango chutney**

 £2.30 eat in or £2.50 takeout

Spiced potatoes, onions and peas all wrapped in a tortilla bake in the oven

Grab & Go

**Slice of Cheese & tomato pizza** £1.40

**Slice of Cheese & pepperoni pizza** £1.50

Please see the daily matrix for the allergies, or ask one of the catering team

Tuesday Break - Week 1

**Paninis £1.70**

**Ham and cheese**

**Pepperoni and cheese**

**Baked Beans and cheese**

**Mixed Cheese**

**Panini £2.00**

**Bacon**

**Chicken, pesto, and cheese**

**Gluten free cheese and ham**

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**Hash browns** £1.00

**Soup of the day** £1.00

Please see the daily matrix for the allergies, or ask one of the catering team

Tuesday Lunch - Week 1

Main Canteen

**All Day Breakfast**

£2.50 eat in or £2.70 take out

A pork sausage, rasher of bacon, hashbrown, half tomato, baked beans, and a Fried egg

**Also, gluten free pork sausage available**

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**All Day vegetarian Breakfast**

£2.30 eat in or £2.50 takeout

A Quorn sausage, hashbrown, half tomato, baked beans, and a Fried egg

Grab & Go

**Cheeseburger** £2.00

90% meat content scored burger from British & Irish beef with sliced cheese in a white bun

**Plain Burger** £2.00

90% meat content scored burger produced from British & Irish beef

**Quorn cheeseburger** £1.70

Meat free savoury flavour burgers, made with mycoprotein with sliced cheese in a white roll

Please see the daily matrix for the allergies, or ask one of the catering team

Wednesday Break - Week 1

**Plain Battered chicken burger** £1.70

Battered chicken fillet in a white bun

**BBQ Chicken burger** £1.70

Battered chicken fillet with BBQ sauce

**Gluten free BBQ chicken burger with bacon, and sliced cheese** £2.00

Grilled chicken breast with rasher of crispy bacon, BBQ sauce and slice cheese in a gluten free roll

**Ham and cheese wrap** £1.50

Slices of ham and cheese in a wrap

**Cinnamon bagel with jam and butter** £1.50

**Quorn southern style burger** £1.70

Meat free savoury burgers, made with mycoprotein, in a southern style coating, with mayonnaise, tomato and lettuce

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**Potato rosti** £1.00

**Garlic bread** £1.00

**Soup of the day** £1.00

Please see the daily matrix for the allergies, or ask one of the catering team

Wednesday Lunch- week 1

Main Canteen

**Roast gammon with roast potatoes, vegetables, Yorkshire pudding and gravy**

£2.50 eat in or £2.70 take out

Slice of British gammon, selection of two vegetables, roasted potatoes, homemade Yorkshire pudding and gravy

**Gluten free available**

* **Roasted vegetable filled Yorkshire pudding**

Roasted onions, peppers, stuffing balls, honey parsnips encased in a thyme Yorkshire pudding with gravy

£2.30 eat in or £2.50 takeout

Grab & Go

**Pot of roasted potatoes and gluten free gravy** £1.50

6 roasted potatoes covered in hot gravy

**Bacon and cheese pastry turnover** £1.50

Slice of bacon topped with grated mixed cheese folded in puff pastry

**Creamy cheese and onion turnover** £1.50

Creamy bechamel sauce topped with mixed grated cheese and slices of onion, folding in puff pastry

Please see the daily matrix for the allergies, or ask one of the catering team

Thursday Break - Week 1

**Margherita pizza roll up** £1.40

Layer of Pizza sauce with mixed grated cheese all wrapped in a tortilla, topped with melted butter, baked in the oven

**Pepperoni and cheese mezzaluna bread** £2.00

Half-moon folded flatbread made with extra virgin olive oil, filled with pepperoni, and mixed cheese

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**BBQ Sweet potato & chickpea wrap** £1.40

Diced sweet potato, with chickpea mixed with BBQ sauce then wrapped in a tortilla wrap baked in the oven

**Gluten free French toasted with crispy bacon and honey £2.00**

Gluten free French toast made with thick slices of bread soaked in a simple custard and fried in butter, topped with crispy bacon, coated in honey

**Crumpet with butter**

**homemade chocolate spread or jam** £1.50

Two sourdough crumpet with butter the either homemade chocolate spread or strawberry jam

**Hash browns** £1.00

**Soup of the day** £1.00

Please see the daily matrix for the allergies, or ask one of the catering team

Thursday Lunch - Week 1

Main Canteen

**Beef Lasagne**

£2.50 eat in or £2.70 take out

Ground beef mince cooked in a rich ruga sauce layered with pasta, bechamel sauce and cheese, With a side of garlic bread and mixed salad

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**Roasted vegetable lasagne**

£2.30 eat in or £2.50 takeout

Roasted peppers, courgettes, aubergine, and spinach lasagne, with a side of garlic bread and mixed salad

Grab & Go Loaded nachos

**Chili con carne with optional cheese** £2.00

**Gluten free available**

Spiced beef mince chili, with kidney beans loaded on nachos

**Loaded bacon and cheese** £2.00

Chopped crispy bacon and mixed cheese loaded on top of nachos

**Just cheese** £1.50

Please see the daily matrix for the allergies, or ask one of the catering team

Friday Break - Week 1

**Paninis £1.70**

**Pepperoni and cheese**

**Ham and cheese**

**Just cheese**

**Cheese and beans**

**Paninis £2.00**

**Meatballs and cheese**

Pork meatballs in a tomato sauce loaded with mixed cheese baked in a panini

**Gluten free cheese and pepperoni**

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**Two Homemade Gluten free sugar pancakes** £1.20

**Belgium waffles** £1.00

**Seasoned Wedges** £1.00

**Soup of the day** £1.00

Please see the daily matrix for the allergies, or ask one of the catering team

Friday Lunch - Week 1

Main Canteen

**Chinese chicken curry with chips or rice**

**Gluten free available**

£2.50 eat in or £2.70 take out

A mild sweet curry sauce mixed with diced chicken breast, peas, and onions, served with brown and white rice or oven baked chips

**Chinese spring roll with rice**

£2.30 eat in or £2.50 takeout

Homemade spring roll with carrots, beansprouts, onions, courgettes, peppers all wrapped in filo paper served with rice then add sweet chilli or sweet and curry sauce

Grab & Go

**Sausage rolls £1.40**

Puff pastry rolled around pork sausage meat

**Vegan rolls £1.20**

Savoury vegan filling encased in a pre-glazed, flaky pastry roll