

		Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	1	What are first impressions?	How do rules and laws differ?	What is news?	What is mental health?	Where can I go and what can I do after Year 11?
	2	Who am I?	Where do laws come from?	How can I judge the reliability of a news article?	How can social media affect me?	How can I prepare 21 st Century skills for 21 st Century jobs?
	3	What is self-esteem?	What crimes occur near me?	How can I verify information?	What are eating disorders?	What is a CV and what should it contain?
	4	What makes a relationship healthy?	Who is involved in the legal process?	How might I be manipulated?	How can I cope with grief?	How can I prepare for an interview?
	5	How are families different?	Are all courtrooms the same?	How can I REVIEW my news?	How can I develop my resilience?	How can I manage stress?
	6	What do healthy friendships look like?	How am I influenced?	What is body image?	How can I optimise my physical health?	How can I deal with disappointment?
	7	What is bullying?	What do I need to know about gangs?	How might the media influence how I feel about the way I look?	What do I remember about essential first aid?	How might my health affect my exam performance?
Autumn 2	8	What is cyberbullying?	What should I know about knife crime?	How might drugs affect us?	How can I identify meningitis and strokes?	What is phishing?
	9	How can I take a stand when I see bullying happening?	What is grooming?	Why do people use drugs?	What else should I know about drugs and alcohol?	How do loans and mortgages work?
	10	Is everyone treated equally?	What does 'county lines' mean?	Why might people use steroids?	What are the wider effects of vaping?	Allow loss of lessons for Mocks
	11	What are stereotypes?	What is extremism?	What does the law say about drugs?	What is cancer?	
	12	How might people with disabilities be treated?	What are hate crimes?	What risks are linked to drug use?	How can I examine myself?	Do I really need insurance?
	13	How can we deal with racism?	How can I share key information about crime with others?	What is addiction?	What parts of our bodies can be donated to others?	What are pensions?
	14	What support can I offer to others?	How can I share key information about crime with others?	Should cannabis be legalised?	What services are available to manage my health?	How are taxes calculated?
Spring 1	15	What is health?	What does caffeine do to my body?	Careers content from Unifrog	What are human rights?	Where does the government spend our money?
	16	How can screentime affect my health?	What are prescription drugs?	Careers content from Unifrog	How can we balance human rights?	What is foreign aid?
	17	How much sleep should I be getting?	What are units?	Careers content from Unifrog	Do I have the right to say whatever I want?	Am I allowed to vote?
	18	What makes vaping addictive?	What are the physical effects of drinking alcohol?	Careers content from Unifrog	Should my privacy be protected at all costs?	How can I vote in a General Election?
	19	How can I look after my teeth?	What are the social effects of drinking alcohol?	Careers content from Unifrog	What rights do asylum seekers have?	Is our current electoral system fair?
	20	What are the benefits of physical activity?	How can I manage influence and pressure around alcohol?	Careers content from Unifrog	How does the law try to protect victims of FGM and GBV?	How democratic is the UK?
Spring 2	21	How can I manage my personal hygiene?	Which common health conditions should I know about?	What does a democratic country look like?	How might people show their commitment to their partner?	How realistic is pornography?
	22	What are the physical changes of puberty?	How can I help someone who is choking or who is hurt?	How else might a country be run?	What are my personal boundaries?	How can I maturely end a relationship?
	23	What happens during menstruation?	What is CPR, and how do defibrillators work?	What does the Cabinet do?	What is sexual harassment?	What does stalking look like?
	24	What are the emotional aspects of puberty?	What do antibiotics do to my body?	What advice would I give to the Cabinet in an emergency?	What risks might be involved in sexual acts?	Where can I access sexual health services?
	25	How can I share key information about puberty with young people?	How do vaccinations work?	Who in the UK holds the greatest power?	What other forms of contraception exist?	Catch-up
	26	How can I share key information about puberty with young people?	Should vaccinations be compulsory?	How are those in power held to account?	What factors might affect my fertility?	
Summer 1	27	What is a risk?	#WeWill and Youth Social Action	What do healthy, romantic relationships look like?	What options does someone have if they are pregnant?	Exams
	28	How can I be safe on, and near, the road?	#WeWill and Youth Social Action	What is consent?	What happens during pregnancy?	
	29	How can I be safe near train lines?	#WeWill and Youth Social Action	What does the law say about sharing nudes?	Are all parents the same?	
	30	How can I be safe around water?	#WeWill and Youth Social Action	What are potential signs of abuse?	How might citizens become involved in the legal system?	
	31	How can I be safe online?	#WeWill and Youth Social Action	How are condoms used?	How do courts decide on sentences?	
Summer 2	32	What do young carers do?	What are my rights as a consumer?	What are STIs?	What is international law?	Exams
	33	Can young people make a change?	Which documents can help me to keep track of my money?	How are our differences protected by the law?	What does the UK have to do with the Commonwealth?	
	34	What is Parliament?	How can a budget help to manage my money?	How have attitudes towards sex and gender changed over time?	What does the UK have to do with the United Nations?	
	35	How are political parties similar and different?	How effectively can I budget for a real-world scenario?	How have attitudes towards sexual orientation changed?	Allow loss of lessons for Mocks	
	36	What happens in a General Election?	How does credit work?	How have attitudes towards race changed over time?	WEX content from Unifrog	
	37	What would my platform for election look like?	What are the potential effects of gambling?	How can I effect change?	WEX content from Unifrog	
	38	What do MPs do?	How can I keep my money safe?	How can I effect change?	WEX content from Unifrog	