

# Monday - Break - Week 2

Please ask one of our trained members of staff, for the allergens on today's meals

<b>Beef Burger with Hash Brown and Cheese</b>	£2.00
90% meat content lightly seasoned burger produced from British and Irish beef, with a crispy hash brown and sliced cheese, served in a white bun	
<b>Beef and Bacon Burger</b>	£1.70
90% meat content lightly seasoned burger produced from British and Irish beef, with bacon, served in a white bun	
<b>Ham and Cheese Toastie</b>	£1.50
Sliced smoked ham with melted cheese in malted bread and toasted	
<b>Ham and Creamy Cheese Toastie</b>	£1.50
Sliced smoked ham with melted cheese and bechamel in toasted bread	
<b>Mixed Cheese Toastie</b>	£1.40
Mozzarella and cheddar cheese in malted bread and toasted	
<b>Quorn Southern Fried Burger</b>	£1.70
Quorn southern fried style burger with sliced lettuce, tomato and mayo in a white bun	
<b>Potato Rosti</b>	£1.00
<b>Garlic Bread</b>	£1.00



# Monday - Lunch - Week 2

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## Main Canteen

### Chilli Con Carne

£2.50

A spicy stew containing chilli peppers, meat, tomatoes, onions and often pinto beans or kidney beans with other seasonings including garlic and cumin, served with either white and brown rice or nachos

### Bean Chilli Con Carne

£2.30

Kidney beans, cannelloni beans and black beans in a spicy stew containing onions, chilli peppers and tomatoes with other seasonings including garlic and cumin, served with white and brown rice or nachos

## Grab and Go

### Deep Dish Margherita Pizza

£2.00

A deep dish pizza base topped with tomato sauce, mozzarella, low fat cheese and tomato pieces

### Deep Dish Pepperoni Pizza

£2.00

A deep dish pizza base topped with tomato sauce, mozzarella and mini pepperoni slices

### Gluten Free Pepperoni Pizza

£2.00

A gluten free pizza base topped with tomato sauce, mozzarella and mini pepperoni slices

# Tuesday - Break - Week 2

Please ask one of our trained members of staff, for the allergens on today's meals

<b>Sausage, Cheese and Hashbrown Wrap</b>	£2.00
Pork seasoned patty with burger cheese and hashbrown all wrapped in a tortilla wrap	
<b>Sausage and Hashbrown Wrap</b>	£1.70
Pork seasoned patty with hashbrown all wrapped in a tortilla wrap	
<b>Pizza Roll Ups</b>	£1.40
Pizza sauce with cheese in a wrap fried in butter	
<b>Houmous, Spinach and Roasted Pepper Wrap</b>	£1.40
Moroccan houmous with spinach and roasted peppers in a grill marked wrap	
<b>Hash Browns</b>	£1.00
Grated potato and onion shaped into triangles and cooked until crispy	





# Tuesday - Lunch - Week 2

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## Main Canteen

### Hunters Chicken

£2.50

Chicken breast wrapped in bacon and baked in the oven with BBQ sauce and melted cheese, served with roasted potatoes and vegetables

### Roast Vegetable Quiche

£2.30

Homemade quiche filled with roasted peppers, courgettes, cheese and tomato and served with salad



## Grab and Go

### Crispy chicken Burger

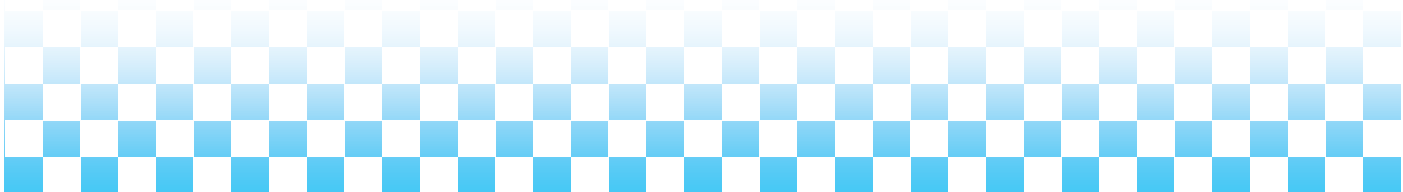
£1.70

Crispy chicken fillet, with optional lettuce and mayonnaise, served in a white bun

### Halloumi Burger

£1.20

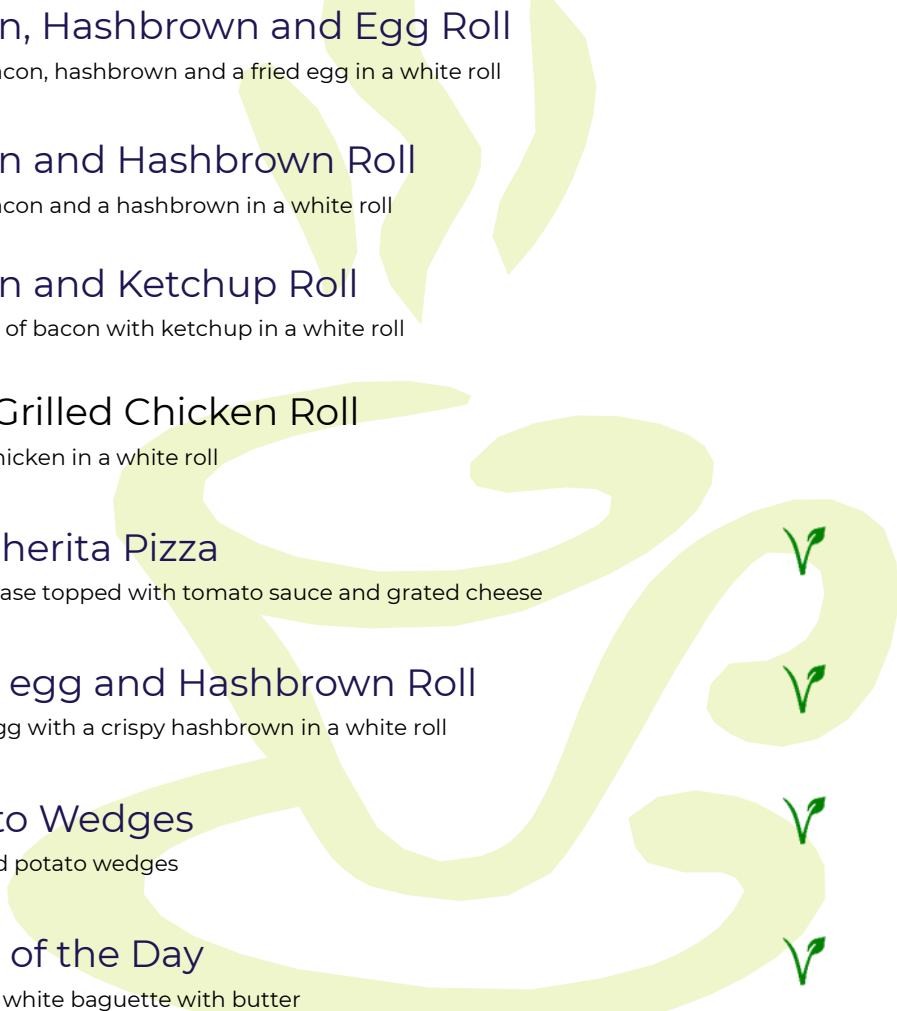
Fried halloumi with lettuce and spice mayonnaise served in a white bun



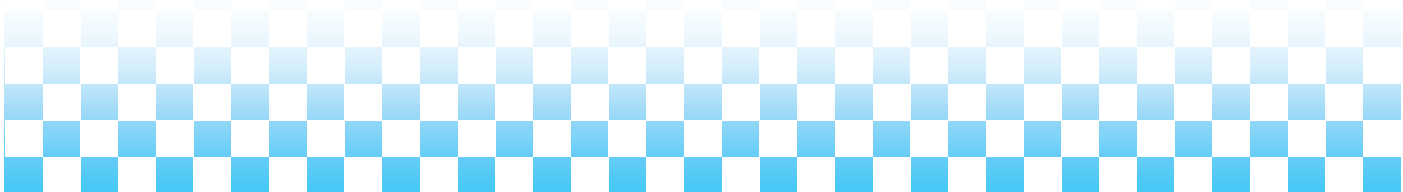


# Wednesday - Break - Week 2

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<b>Bacon, Hashbrown and Egg Roll</b> Crispy bacon, hashbrown and a fried egg in a white roll	£1.70
<b>Bacon and Hashbrown Roll</b> Crispy bacon and a hashbrown in a white roll	£1.50
<b>Bacon and Ketchup Roll</b> 2 rashers of bacon with ketchup in a white roll	£1.40
<b>Just Grilled Chicken Roll</b> Grilled chicken in a white roll	£1.70
<b>Margherita Pizza</b> A pizza base topped with tomato sauce and grated cheese	£1.40
<b>Fried egg and Hashbrown Roll</b> A fried egg with a crispy hashbrown in a white roll	£1.40
<b>Potato Wedges</b> Seasoned potato wedges	£1.00
<b>Soup of the Day</b> Optional white baguette with butter	£1.00 50p





# Wednesday - Lunch - Week 2

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## Main Canteen

Build you own Burger £2.50

Beef burger with optional fillings of tomatoes, burger cheese, burger sauce, lettuce and gherkins, served with wedges and corn on the cob

Build your own Bean Burger £2.30

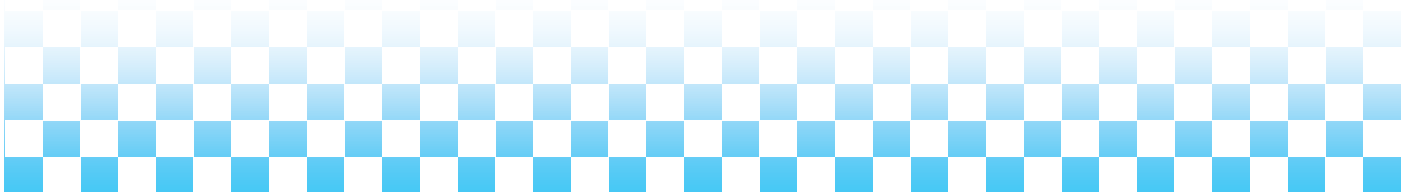
Bean burger with optional fillings of tomatoes, burger cheese, chilli mayonaise, lettuce and gherkins, served with wedges and corn on the cob

## Grab and Go

MeatbaBake with Garlic Bread £2.00





A pot of pork meatballs baked in a rich tomato sauce topped with cheese and served with garlic bread

Loaded Mac and Cheese with Salsa and Tortilla Chips £2.00



# Thursday - Break - Week 2

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<b>Bacon and Cheese Turnover</b>		£1.50
A rasher of bacon topped with melted mixed cheese and folded on golden puff pastry		
<b>Cheese and Beans Turnover</b>		£1.40
Baked beans loaded with melted mixed cheese and folded on golden puff pastry		
<b>Sausage Baguette</b>		£1.50
A pork sausage served in a hot baguette with optional ketchup		
<b>Roasted Vegetables with Green Pesto and Cheese</b>		£2
<b>Potato Rosti</b>	 	£1.00
<b>Garlic Bread</b>		£1.00
<b>Soup of the Day</b>		£1.00
Optional white baguette with butter		50p



# Thursday - Lunch - Week 2

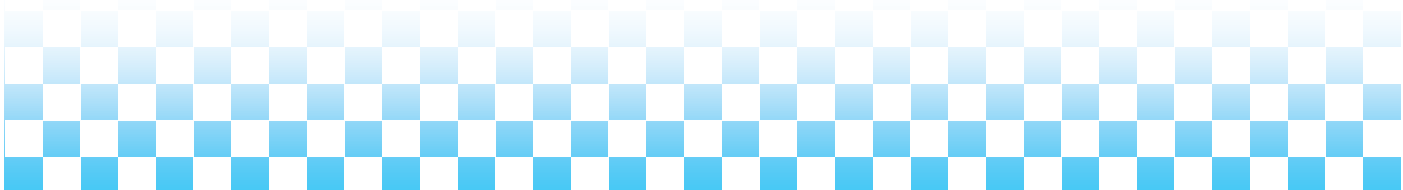
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## Main Canteen

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|--|-------|
| <b>Spaghetti Bolognese</b>   | £2.50 |
| Minced beef in a rich tomato ragu, served with spaghetti pasta, garlic bread and salad |       |
| <b>Vegetable Bolognese</b>   | £2.30 |
| Vegetables in a rich tomato ragu served with spaghetti pasta, garlic bread and salad   |       |

## Grab and Go

- |   |       |
|---|-------|
| <b>Cheeseburger</b>   | £2.00 |
| 90% meat content scored burger from British & Irish beef with sliced cheese in a white bun  |       |
| <b>Plain Burger</b>   | £2.00 |
| 90% meat content scored burger produced from British & Irish beef                           |       |
| <b>Quorn Cheeseburger</b>   | £1.70 |
| Meat free savoury flavour burgers, made with mycoprotein with sliced cheese in a white roll |       |









# Friday - Break - Week 2

Please ask one of our trained members of staff, for the allergens on today's meals

## Paninis

£1.70



A selection of fillings in a toasted panini

- Ham and Cheese
- Pepperoni and Cheese
- Baked Beans and Cheese 
- Mixed Cheese 

## Paninis

£2.00

A selection of fillings in a toasted panini

- Bacon and Tomato Ketchup
- Gluten Free Pesto, Tomato and Cheese in a gluten free panini  

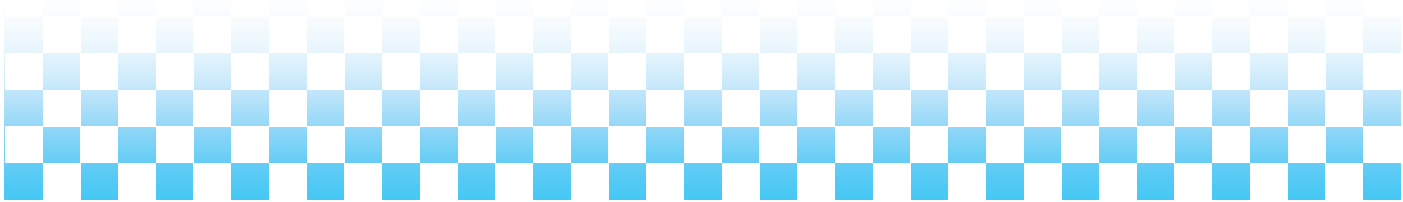
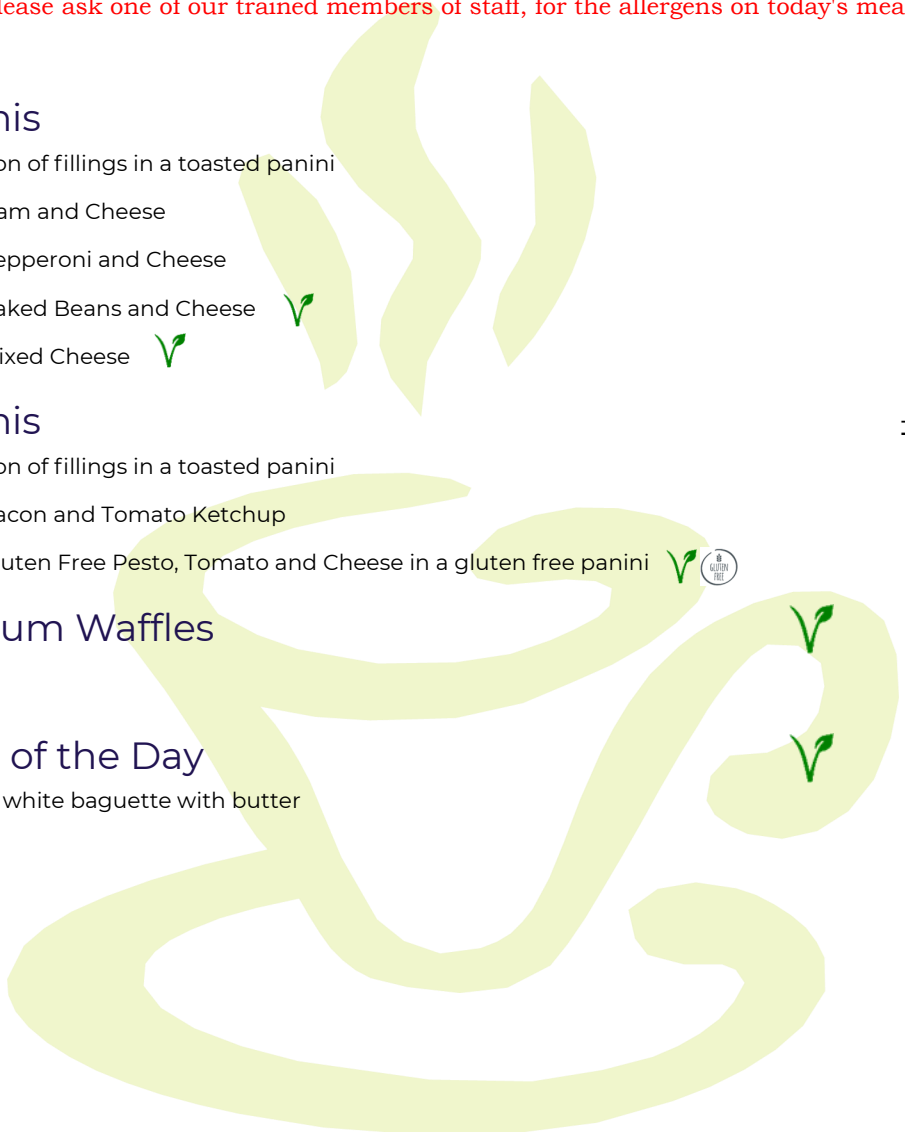
## Belgium Waffles

£1.00

## Soup of the Day

Optional white baguette with butter

£1.00  
50p



# Friday - Lunch - Week 2

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## Main Canteen

- |  |       |
|--|-------|
| <b>Sweet and Sour Chicken</b>  | £2.50 |
| Chicken balls in a sweet and sour sauce, served with white and brown rice and prawn crackers |       |
| <b>Sweet and Sour Vegetable Noodles</b>  | £2.30 |
| Vegetables and noodles in a sweet and sour sauce   |       |

## Grab and Go

- |  |       |
|--|-------|
| <b>Sausage Roll</b>  | £1.40 |
| Puff pastry rolled around pork sausage meat                      |       |
| <b>Vegan Roll</b>  | £1.20 |
| Savoury vegan filling encased in a pre-glazed, flaky pastry roll |       |
| <b>Gluten Free Sausage in a Roll</b>                             | £2.00 |
| A gluten free pork sausage served in a gluten free roll          |       |