

# Monday - Break - Week 1

Please ask one of our trained members of staff, for the allergens on today's meals

<b>Sausage Burger with Cheese</b>	£1.50
A herby pork sausage patty with sliced cheese, served in a white roll	
<b>Sausage Burger with Hashbrown and Cheese</b>	£1.70
A herby pork sausage patty with a hashbrown and sliced cheese, served in a white roll	
<b>Sausage Burger</b>	£1.40
A herby pork sausage patty served in a white roll	
<b>Quorn Burger with Hashbrown and Cheese</b> 	£1.70
A meat free sausage flavour patty made from mycoprotein, with a hashbrown and sliced cheese, served in a white roll	
<b>GF Sausage Burger with Hashbrown and Cheese</b> 	£1.70
A gluten free sausage patty with a hashbrown and sliced cheese, served in a gluten free roll	
<b>Seasoned Wedges</b> 	£1.00
Seasoned potato wedges	
<b>Soup of the Day</b> 	£1.00
Optional white baguette with butter	
	50p

# Monday - Lunch - Week 1

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## Main Canteen

Chicken Tikka Masala £2.50

Diced chicken breast in a tikka masala sauce with tomatoes, cream, yogurt and spices, served with brown and white rice and naan bread

Vegetable Tikka Masala  £2.30

Peppers, spinach, tomatoes and cauliflower in a tikka masala sauce with cream, yogurt and spices, served with brown and white rice and naan bread

## Grab and Go

Deep Dish Margherita Pizza  £2.00

A deep dish pizza base topped with tomato sauce, mozzarella, low fat cheese and tomato pieces

Deep Dish Pepperoni Pizza £2.00

A deep dish pizza base topped with tomato sauce. Mozzarella and slices of mini pepperoni

GF Pepperoni Pizza  £2.00

A gluten free pizza base topped with tomato sauce, mozzarella and slices of mini pepperoni



# Tuesday - Break - Week 1

Please ask one of our trained members of staff, for the allergens on today's meals

## Paninis

£1.70

A selection of fillings in a toasted panini

- Ham and Cheese
- Pepperoni and Cheese
- Baked Beans and Cheese 
- Mixed Cheese 

## Paninis

£2.00

A selection of fillings in a toasted panini

- Bacon and Ketchup 

## Hashbrowns

£1.00

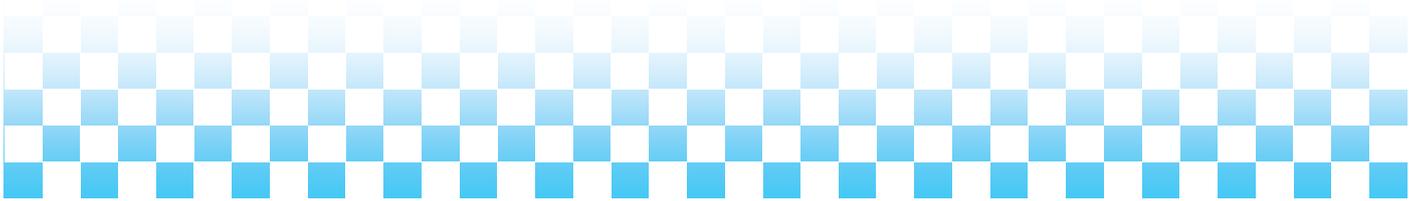
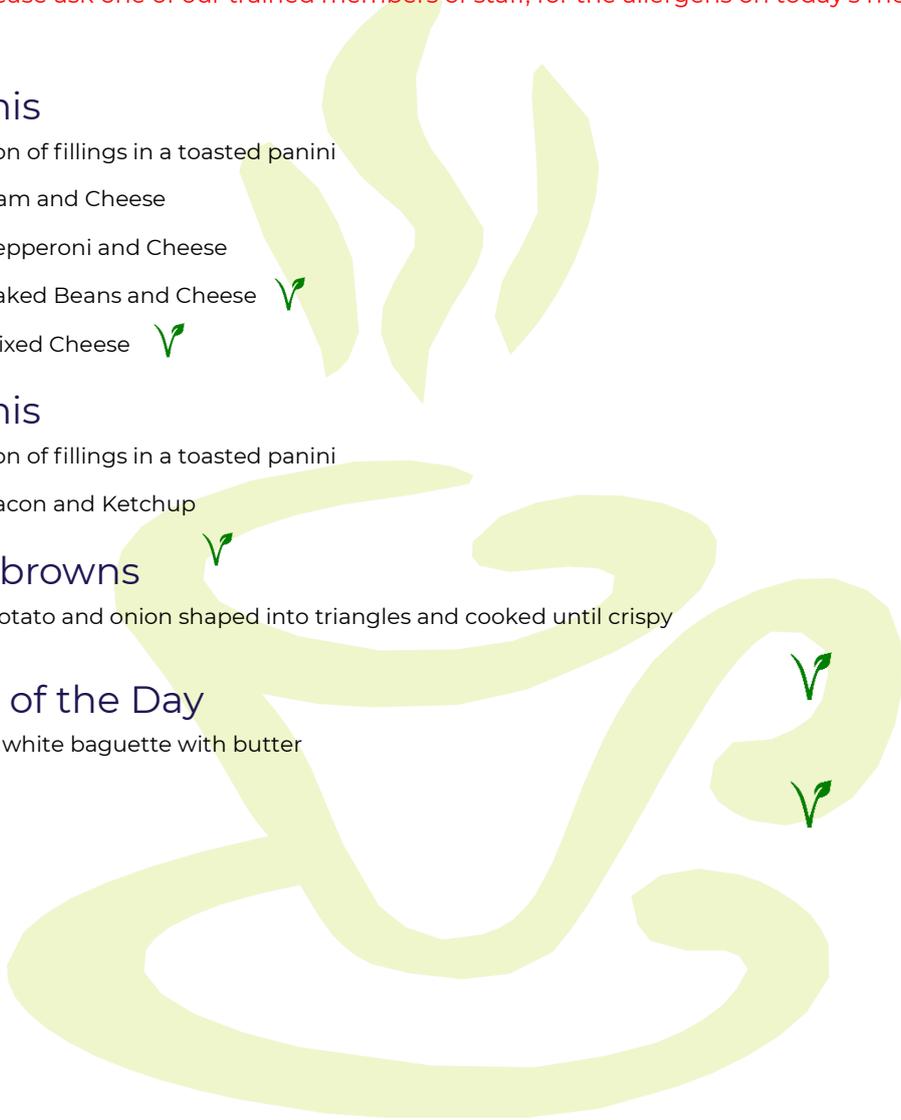
Grated potato and onion shaped into triangles and cooked until crispy

## Soup of the Day

£1.00

Optional white baguette with butter

50p



# Tuesday - Lunch - Week 1

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## Main Canteen

### All Day Breakfast

£2.50

A pork sausage, rasher of bacon, fried egg, hashbrown, half a tomato and baked beans

Gluten free sausage available also



### All Day Vegetarian Breakfast



£2.30

A quorn sausage, fried egg, hashbrown, half a tomato and baked beans

## Grab and Go

### Cheeseburger

£2.00

A burger made with British and Irish beef and containing 90% meat content, with sliced cheese and served in a white bun

### Hamburger

£2.00

A burger made with British and Irish beef and containing 90% meat content, and

### Quorn Cheeseburger



£1.70

A meat free savoury flavour burger, made with mycoprotein, with sliced cheese and served in a white roll

# Wednesday - Break - Week 1

Please ask one of our trained members of staff, for the allergens on today's meals

<b>Plain Battered Chicken Burger</b> Battered chicken fillet in a white bun		£1.70
<b>CBL Burger</b> Battered chicken fillet with crispy bacon, sliced lettuce and optional mayonaise, served in a white bun		£2.00
<b>Quorn Southern Style Burger</b> Quorn southern fried style burger made from mycoprotein and covered in a southern coating with sliced lettuce, tomato and mayo, served in a white bun		£1.70
<b>Gluten Free Grilled Chicken Burger</b> A grilled chicken burger with sliced lettuce and tomato, served in a gluten free bun		£2.00
<b>Potato Rosti</b>	 	£1.00
<b>Garlic Bread</b>		
<b>Soup of the Day</b> Optional white baguette with butter		£1.00 50p

# Wednesday - Lunch - Week 1

Please ask one of our trained members of staff, for the allergens on today's meals

## Main Canteen

- |   |       |
|---|-------|
| Roasted Stuffed Chicken   | £2.50 |
| Rolled chicken breast stuffed with sage and onion stuffing, served with potatoes, seasonal vegetables, homemade Yorkshire pudding and gravy |       |
| Cauliflower Cheese  | £2.30 |
| Baked cauliflower cheese, served with potatoes, seasonal vegetables, homemade Yorkshire pudding and gravy                                   |       |



## Grab and Go

- |                                  |       |
|----------------------------------|-------|
| Loaded Chilli Con Carne Nachos   | £2.00 |
| Optional cheese                  |       |
| Loaded Nachos                    | £1.70 |
| With cheese, BBQ sauce and salsa |       |
| Cheesy Garlic Bread              | £1.20 |



# Thursday - Break - Week 1

Please ask one of our trained members of staff, for the allergens on today's meals

<b>Ham and Cheese Pizza Roll Up</b> Pizza sauce with sliced ham and cheese in a wrap fried in butter		£1.70
<b>BBQ Chicken, Bacon and Cheese Wrap</b>		£2.00
<b>Pizza Roll Up</b> Pizza sauce and cheese in a wrap fried in butter	✓	£1.40
<b>BBQ Sweet Potato and Chickpea Wrap</b> BBQ sauce, sweet potato and chickpeas served in a wrap	✓	£1.40
<b>Hash Browns</b> Grated potato and onion shaped into triangles and cooked until crispy		£1.00
<b>Soup of the Day</b> Optional white baguette with butter	✓	£1.00 50p



# Thursday - Lunch - Week 1

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## Main Canteen

Lasagne £2.50

A rich beef ragu layered with pasta sheets, served with garlic bread and mixed salad

Roasted Vegetable Lasagne £2.30

Roasted peppers, courgettes, aubergine and spinach in a sauce, layered with pasta sheets and served with garlic bread and a mixed salad



## Grab and Go

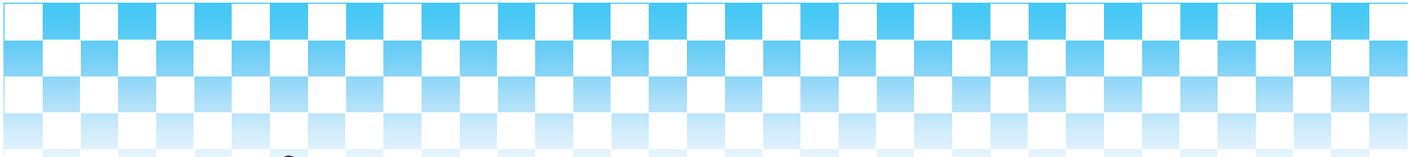
BBQ Chicken Burger £2.00

Crispy chicken, bacon, BBQ sauce and sliced cheese in a white roll

Fish Fillet Burger £2.00

Fillet of fish with tartar sauce and sliced cheese, served in a white roll





# Friday - Break - Week 1

Please ask one of our trained members of staff, for the allergens on today's meals

## Paninis £1.70

A selection of fillings in a toasted panini

- Pizza Pepperoni and Cheese
- Just Cheese
- Pesto, Tomato and Cheese



## Paninis £2.00

A selection of fillings in a toasted panini

- Meatballs and Cheese
- BBQ Chicken and Bacon

## Belgium Waffles £1.00



## Seasoned Wedges £1.00

Seasoned potato wedges



## Soup of the Day £1.00

Optional white baguette with butter

50p



# Friday - Lunch - Week 1

Please ask one of our trained members of staff, for the allergens on today's meals

## Main Canteen

Chinese Chicken Curry £2.50

A fusion of British and Chinese style cuisine with chicken and served with oven chips or white and brown rice

Roasted Vegetable Risotto  £2.30

Roasted courgettes, peppers and tomatoes in a rich tomato and basil sauce and served with garlic bread baguette

## Grab and Go

Sausage Rolls £1.40

Puff pastry wrapped around pork sausage meat

Vegan Rolls  £1.20

Savoury vegan filling encased in a pre-glazed flaky pastry roll

Gluten Free Sausage in a Roll  £2.00

A gluten free pork sausage served in a gluten free roll