





Monday - Break - Week 1


Please ask one of our trained members of staff, for the allergens on today's meals

Sausage Burger with Cheese	£1.50
A herby pork sausage patty with sliced cheese, served in a white roll	
Sausage Burger with Hashbrown and Cheese	£1.70
A herby pork sausage patty with a hashbrown and sliced cheese, served in a white roll	
Sausage Burger	£1.40
A herby pork sausage patty served in a white roll	
Quorn Burger with Hashbrown and Cheese 	£1.70
A meat free sausage flavour patty made from mycoprotein, with a hashbrown and sliced cheese, served in a white roll	
GF Sausage Burger with Hashbrown and Cheese 	£1.70
A gluten free sausage patty with a hashbrown and sliced cheese, served in a gluten free roll	
Seasoned Wedges 	£1.00
Seasoned potato wedges	
Soup of the Day 	£1.00
Optional white baguette with butter	
	50p



Monday - Lunch - Week 1

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Main Canteen

- Chicken Tikka Masala** £2.50
Diced chicken breast in a tikka masala sauce with tomatoes, cream, yogurt and spices, served with brown and white rice and naan bread
- Vegetable Tikka Masala** £2.30 
Peppers, spinach, tomatoes and cauliflower in a tikka masala sauce with cream, yogurt and spices, served with brown and white rice and naan bread

Grab and Go

- Deep Dish Margherita Pizza** £2.00 
A deep dish pizza base topped with tomato sauce, mozzarella, low fat cheese and tomato pieces
- Deep Dish Pepperoni Pizza** £2.00
A deep dish pizza base topped with tomato sauce. Mozzarella and slices of mini pepperoni
- GF Pepperoni Pizza** £2.00 
A gluten free pizza base topped with tomato sauce, mozzarella and slices of mini pepperoni



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Paninis

£1.70


A selection of fillings in a toasted panini

- Ham and Cheese
- Pepperoni and Cheese
- Baked Beans and Cheese ✓
- Mixed Cheese ✓

Paninis

£2.00

A selection of fillings in a toasted panini

- BBQ Chicken
- Brie and Cranberry ✓
- Gluten Free Pesto, Tomato and Cheese in a Gluten Free Panini ✓ 

Hashbrowns

£1.00

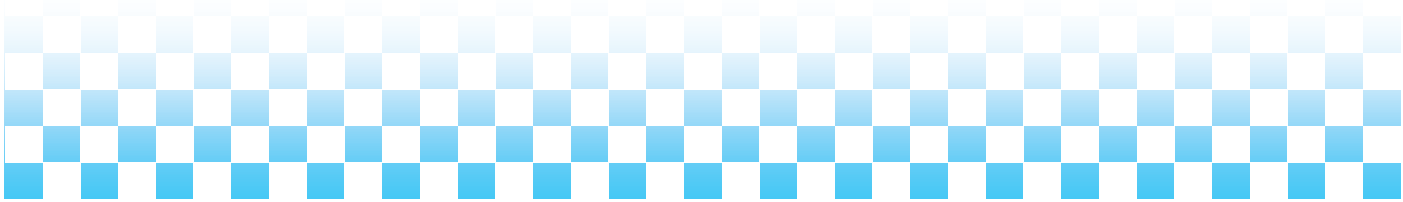
Grated potato and onion shaped into triangles and cooked until crispy

Soup of the Day

£1.00

Optional white baguette with butter

50p





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Main Canteen

All Day Breakfast

£2.50

A pork sausage, rasher of bacon, fried egg, hashbrown, half a tomato and baked beans

Gluten free sausage available also



All Day Vegetarian Breakfast



£2.30

A quorn sausage, fried egg, hashbrown, half a tomato and baked beans

Grab and Go

Cheeseburger

£2.00

A burger made with British and Irish beef and containing 90% meat content, with sliced cheese and served in a white bun

Hamburger

£2.00

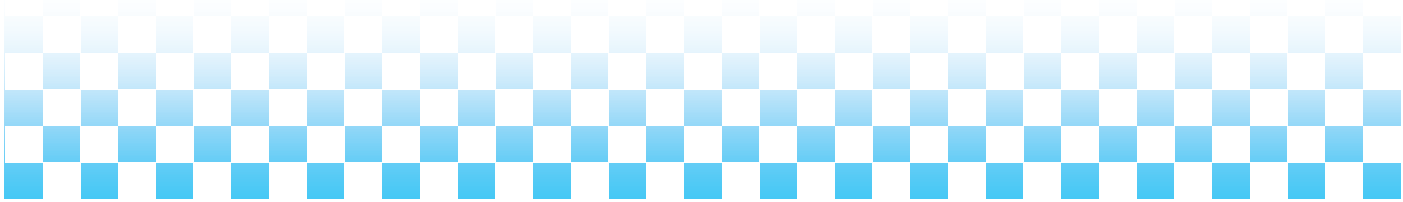
A burger made with British and Irish beef and containing 90% meat content, and

Quorn Cheeseburger



£1.70

A meat free savoury flavour burger, made with mycoprotein, with sliced cheese and



Wednesday - Break - Week 1

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Plain Battered Chicken Burger £1.70
Battered chicken fillet in a white bun

Battered Chicken and Bacon Burger £2.00
Battered chicken fillet with crispy bacon, sliced lettuce and tomato, served in a white bun

Quorn Southern Fried Burger £1.70 
Quorn southern fried style burger made from mycoprotein and covered in a southern coating with sliced lettuce, tomato and mayo, served in a white bun

Gluten Free Chicken Burger £2.00 
A grilled chicken burger with sliced lettuce and tomato, served in a gluten free bun

Salt, Chilli and Spring Onion Chips £1.00 
Oven chips sprinkled with salt, chilli and spring onion

Soup of the Day £1.00 
Optional white baguette with butter  50p

Wednesday - Lunch - Week 1

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Main Canteen

Roasted Stuffed Chicken £2.50

Rollled chicken breast stuffed with sage and onion stuffing, served with potatoes, seasonal vegetables, homemade Yorkshire pudding and gravy

Cauliflower Cheese £2.30

Baked cauliflower cheese, served with potatoes, seasonal vegetables, homemade Yorkshire pudding and gravy



Grab and Go

Sausage Roll £1.40

Puff pastry rolled around pork sausage meat

Vegan Roll £1.20

A savoury vegan filling encased in a pre-glazed flaky pastry roll








Gluten Free Sausage in a Roll £2.00

A gluten free pork sausage served in a gluten free roll



Thursday - Break - Week 1

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Breakfast Bacon Wrap		£1.70
Bacon, hashbrown and optional cheese served in a wrap		
Bacon and egg Roll		£2.00
Bacon, a fried egg and optional sliced cheese in a crusty roll		
Breakfast Veggie Wrap		£1.70
Fried egg, hashbrown and optional cheese served in a wrap		
BBQ Sweet Potato and Chickpea Wrap		£1.40
BBQ sauce, sweet potato and chickpeas served in a wrap		
Gluten Free Bacon Panini		£1.70
Bacon in a gluten free panini		
Hash Browns		£1.00
Grated potato and onion shaped into triangles and cooked until crispy		
Soup of the Day		£1.00
Optional white baguette with butter		
		50p



Thursday - Lunch - Week 1

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Main Canteen

Lasagne

A rich beef ragu layered with pasta sheets, served with garlic bread and mixed salad

£2.50

Vegetable Lasagne

Roasted peppers, courgettes, aubergine and spinach in a sauce, layered with pasta sheets and served with garlic bread and a mixed salad



£2.30

Grab and Go

Chicken Rice Box

Spicy rice with crispy chicken, sweet chilli sauce and a mixed salad salsa

£2.00

Gluten Free Bean Rice Box

Spicy rice with a crunchy chickpea and kidney bean salsa, sweet chilli sauce and a mixed salad salsa



£2.00



Friday - Break - Week 1

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Smoked Ham and Cheese Muffin		£1.70
Smoked ham and melted mixed cheese in a toasted breakfast muffin		
BBQ Chicken and Bacon Muffin		£2.00
Pulled chicken mixed with BBQ sauce and crispy bacon pieces, with melted sliced cheese in a toasted breakfast muffin		
Pesto, Cheese and Tomato Muffin		£1.50
Melted mozzarella and cheddar cheese with green pesto and sliced tomatoes in a toasted breakfast muffin		
Gluten Free Avocado and Egg Bagel	 	£2.00
Smashed avocado and a poached egg served in a gluten free bagel		
Belgium Waffles		£1.00
Seasoned Wedges		£1.00
Seasoned potato wedges		
Soup of the Day		£1.00
Optional white baguette with butter		
		50p



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Main Canteen

Meatball and Chorizo Ragu Bake £2.50

Pork meatballs with spiced chorizo, baked in a rich ragu sauce and loaded with cheese, served with green beans and garlic bread baguette

Roasted Vegetable Risotto £2.30

Roasted courgettes, peppers and tomatoes in a rich tomato and basil sauce and served with garlic bread baguette

Grab and Go

Chicken Goujons and Chips £2.00

Gluten free crispy chicken goujons and chips

Veggie Fingers and Chips £2.00

Golden vegetable fingers and chips

