

Monday - Break - Week 3

Please ask one of our trained members of staff, for the allergens on today's meals

Sausage Patty Burger with Cheese £1.50

A herby pork sausage patty with sliced cheese in a white roll

Sausage Patty Burger, with Hashbrown, Egg and Cheese £2.00

A herby pork sausage patty with a hashbrown, fried egg and sliced cheese in a white roll

Sausage Patty Burger £1.40

A herby pork sausage patty in a white roll

Quorn Patty Burger with Hashbrown and Cheese £1.70

A meat free sausage flavour patty, made with mycoprotein, with a hashbrown and

Gluten Free Sausage Patty Burger with Hashbrown and Cheese £1.70

A gluten free sausage patty with hashbrown and sliced cheese, served in a gluten free roll

Salt and Chilli Chips £1.00

Soup of the Day £1.00

Optional white baguette with butter 50p

Monday - Lunch - Week 3

Please ask one of our trained members of staff, for the allergens on today's meals

Main Canteen

- | | |
|---|-------|
| Sausage and Mash | £2.50 |
| Two pork sausages served with creamy mashed potatoes, peas and gravy | |
| Quorn Sausage and Mash | £2.30 |
| Two Quorn sausages served with creamy mashed potatoes, peas and gravy | |

Grab and Go

- | | |
|---|-------|
| Deep Dish Margherita Pizza | £2.00 |
| A deep dish pizza base topped with tomato sauce, mozzarella, low fat cheese and tomato pieces | |
| Deep Dish Pepperoni Pizza | £2.00 |
| A deep dish pizza base topped with tomato sauce, mozzarella and mini pepperoni | |
| Gluten Free Pepperoni Pizza | £2.00 |
| A gluten free pizza base topped with tomato sauce, mozzarella and mini pepperoni | |



Tuesday - Break - Week 3

Please ask one of our trained members of staff, for the allergens on today's meals

Paninis

£1.70




A selection of fillings in a toasted panini

- Ham and Cheese
- Pepperoni and Cheese
- Baked Beans and Cheese 
- Mixed Cheese 

Paninis

£2.00

A selection of fillings in a toasted panini

- BBQ Chicken
- Brie and Cranberry 
- Gluten Free Pesto, Tomato and Cheese in a gluten free panini  

Potato Wedges

£1.00

Seasoned potato wedges

Soup of the Day

£1.00

Optional white baguette with butter

50p

Tuesday - Lunch - Week 3

Please ask one of our trained members of staff, for the allergens on today's meals

Main Canteen

Open Chicken Burrito £2.50

Seasoned chicken breast with vegetable rice, coleslaw, lettuce, tomatoes, cheese and chilli sauce

Open Roasted Vegetable Burrito  £2.30

Seasoned roasted vegetables with vegetable rice, coleslaw, lettuce, tomatoes, cheese and chilli sauce

Grab and Go

Sausage Roll £1.40

Puff pastry rolled around pork sausage meat

Vegan Sausage Roll  £1.20



Savoury vegan filling encased in a pre-glazed flaky pastry roll

Gluten Free Sausage in a Roll  £2.00

A gluten free pork sausage in a gluten free roll

Wednesday - Break - Week 3

Please ask one of our trained members of staff, for the allergens on today's meals

Bacon, Hashbrown and Cheese Bagel		£2.00
Rashers of bacon with a hashbrown and sliced cheese, served in a bagel		
Ham and Cheese Bagel		£1.70
Sliced gammon ham and melted mixed cheese, served in a bagel		
Cinnamon and Raisin Bagel	✓	£1.00
A sliced cinnamon and raisin bagel served with butter and jam		
Fried Egg and Hashbrown Bagel	✓	£1.50
A fried egg and a hashbrown, served in a bagel		
Gluten Free Avocado and Egg Bagel	✓ 	£1.50
Smashed avocado and a fried egg, served in a gluten free bagel		
Hashbrowns	✓ 	£1.00
Two gluten free crispy hashbrowns		
Soup of the Day	✓	£1.00
Optional white baguette with butter		
		50p

Wednesday - Lunch - Week 3

Please ask one of our trained members of staff, for the allergens on today's meals

Main Canteen

- | | |
|--|-------|
| Cottage Pie | £2.50 |
| Savoury beef mince filling smothered in a rich gravy and topped with creamy mashed potatoes, served with seasonal vegetables | |
| Quorn Cottage Pie | £2.30 |
| Quorn mince filling smothered in a rich gravy and topped with creamy mashed potatoes, served with seasonal vegetables | |

Grab and Go

- | | |
|---|-------|
| Chicken and Bacon Cheeseburger | £2.00 |
| A crispy chicken burger with bacon and sliced cheese, served in a white roll | |
| Gluten Free Rice and Bean Box | £2.00 |
| Spicy rice and crunchy chickpea and kidney bean salsa, served with chilli sauce and mixed salad salsa | |



Thursday - Break - Week 3

Please ask one of our trained members of staff, for the allergens on today's meals

Chicken Burger A battered chicken fillet served in a white roll		£1.70
Chicken, Lettuce and Mayo Burger A battered chicken fillet with sliced lettuce and mayonnaise, served in a white roll		£1.70
Margherita Pizza Muffin Layered pizza sauce and mixed cheese served in a toasted breakfast muffin		£1.40
Tortilla Protein Egg Cup A crispy tortilla cup filled with two eggs, peppers, spinach and tomatoes		£1.40
Gluten Free Protein Egg Cup Two baked £1.40 eggs mixed with peppers, spinach and tomatoes	 	£1.40
Salt and Chilli Chips	 	£1.00
Soup of the Day Optional white baguette with butter		£1.00 50p



Thursday - Lunch - Week 3

Please ask one of our trained members of staff, for the allergens on today's meals

Main Canteen

Chicken, Bacon and Leek Pie £2.50

A creamy white sauce with chicken breast, fried bacon and leeks, topped with puff pastry and served with green beans

Shakshuka  £2.30

Shakshuka is a smoky tomato base with sweet peppers, combined with rich, creamy eggs and tangy yoghurt

Grab and Go

Cheeseburger £2.00

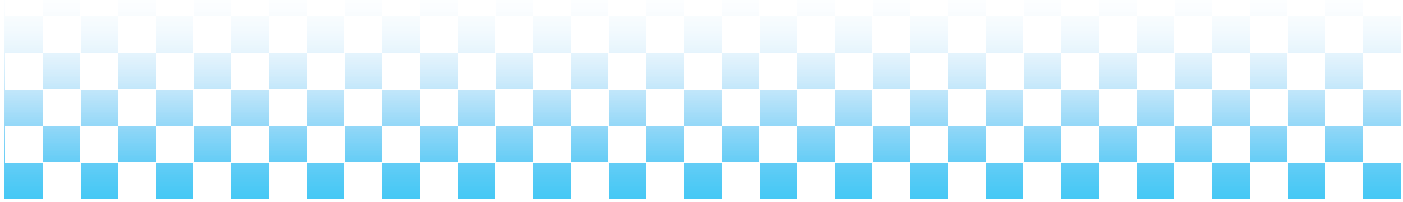
A burger made with British and Irish beef and containing 90% meat content, with sliced cheese and served in a white bun

Hamburger £2.00

A burger made with British and Irish beef and containing 90% meat content, and

Quorn Cheeseburger  £1.70

A meat free savoury flavour burger, made with mycoprotein, with sliced cheese and







Friday - Break - Week 3

Please ask one of our trained members of staff, for the allergens on today's meals

Mezzaluna Bread

£1.70


A half-moon folded flatbread made with extra virgin olive oil and stuffed with:

- Smoked Ham and Cheese
- Pepperoni and Cheese
- Pesto, Cheese and Tomato 
- Cheese 

Mezzaluna Bread

£2.00

A half-moon folded flatbread made with extra virgin olive oil and stuffed with:

- BBQ Chicken and Bacon
- Sundried Tomato and Cheese 

Belgium Waffles

£1.00 

Potato Wedges

Seasoned potato wedges

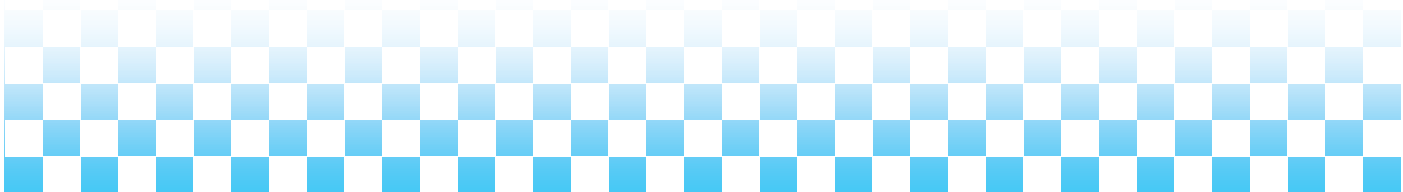
£1.00 

Soup of the Day

Optional white baguette with butter

£1.00 

50p



Friday - Lunch - Week 3

Please ask one of our trained members of staff, for the allergens on today's meals

Main Canteen

- | | | |
|------|---|-------|
| Item | Chicken Korma | £2.50 |
| | Chicken marinated in aromatic spices, tomato, coriander and coconut for a beautifully balanced mild korma dish, served with white and brown rice and naan | |
| | Cauliflower and Chickpea Korma | £2.30 |
| | Baked cauliflower and chickpeas marinated in aromatic spices, tomato, coriander and coconut for a beautifully balanced mild korma dish, served with white and brown rice and naan bread | |

Grab and Go

- | | | |
|------|---|-------|
| Item | Chicken Goujons and Chips | £2.00 |
| | Gluten free crispy chicken goujons with chips | |
| | Vegetable Fingers and Chips | £2.00 |
| | Golden vegetable fingers and chips | |