

## PSHE and Citizenship Curriculum Plan KS4\*/KS5 2023-2024

\*See separate planning document for Year 11

### Colour Code:

**Blue** = Rights and responsibilities and British Values

**Green** – Celebrating diversity and equality

**Pink** – Relationship and sex education

**Orange** – Staying safe online and offline

**Purple** – Health and wellbeing

**Yellow** – Life beyond school

	Year 10		Year 12	Year 13
Term	Mentor time (once a week)		PSHE and Citizenship lesson (1 per fortnight)	PSHE and Citizenship lesson (1 per fortnight)
<b>Drop Down Days</b>	Autumn term – 17 <sup>th</sup> May - Sex Education (FGM, Self screening (STIs), abuse/rape, watching harmful content (porn))  Autumn 2 – 12th December - RE DDD 1 – Topic: Abortion and Euthanasia  Spring 1 – 21st February – RE DDD 2 – Topic: Matters of life and death  Summer 1 – 29th June – RE DDD 3 – Topic: Peace and conflict		Summer Term – 5-9th June – Year 12 Steps to Independence Week	None

<b>Assemblies</b>	N/A	Philosophy and Religious Studies Assembly 1: 16 September Yom Kippur (Jewish)  Philosophy and Religious Studies Assembly 2: 4 November Diwali (Sikh)  Philosophy and Religious Studies Assembly 3: 6th January Epiphany (Christianity)  (Sixth Formers research and lead on these assemblies)	Philosophy and Religious Studies Assembly 4: 18 March Holi (Hindu)  Philosophy and Religious Studies Assembly 5: 2 May Eid al-Fitr (Muslim)  Philosophy and Religious Studies Assembly 6: 4 June Shavout (Jewish)  (Sixth Formers research and lead on these assemblies)
<b>External Visits</b>	Autumn Term – November 2022 – Gavin McKenna – Gang talk  Spring Term – April 2023 – Essex Police - Abuse Workshop  Summer 2 - Culture Week	Spring Term – April 2023 – Essex Police - Abuse Workshop  Summer 2 - Culture Week	Spring Term – April 2023 – Essex Police - Abuse Workshop  Summer 2 - Culture Week
<b>Links to Philosophy and Religion</b>	See Drop Down Days	Philosophy and Ethics talking points for SF lessons embedded within lesson content including topics such as: proof, free will, ethics, and moral responsibility	Philosophy and Ethics talking points for SF lessons embedded within lesson content including topics such as: proof, free will, ethics, and moral responsibility

	Year 10		Year 12		Year 13	
Term	Mentor time (once a week)	PSHE and Citizenship lesson (1 per fortnight)	Mentor time (NONE)	PSHE and Citizenship lesson (1 per fortnight)	Mentor time (None)	PSHE and Citizenship lesson (1 per fortnight)
<b>Autumn 1</b>	PSHE in the news and cultural capital	<b>Mental Health and Wellbeing</b> L1 – What is mental health and why is it important + Common mental ill health L2 – Regulating emotions and anxiety, Growth mindset and Resilience L3 – Child abuse (mental) L4 – Self harm, Suicidal thoughts and support	N.A	<b>Your Journey of Life</b> L1 – Starting salaries and deductions (e.g. Case Study – Glass Ceiling = Ethics) L2 – Considering your living arrangements (e.g. Housing Ladder Crisis – Glass Ceiling = Ethics) L3 – Weekly food budget (e.g. Case Study – Cost of Living Crisis = Moral Responsibility) L4 – Luxury items and their costs (e.g. Case Study – Throw away culture = Ethics)	N.A	<b>Your Journey of Life</b> L1 – Understanding and respecting others (e.g. Case Study – Different faiths and cultures = Religion) L2 – Fake news and control of the media (e.g. Case Study – Donald Trump = Ethics) L3 – Media distortions of body image (e.g. Case Study – Exaggerated negative news = Ethics) L4 – Pet ownership (e.g. Case Study – Lock down pet sales increase = Moral Responsibility)
<b>Autumn 2</b>	PSHE in the news and cultural capital	<b>Violence, crimes and seeking safety</b> L1 – Honour based violence L2 – Forced marriage, breast ironing, child brides	N.A	<b>Your Journey of Life</b> L1 – Learning to drive L2 – The cost of learning to drive <u>[Assessment of Learning for Term 1]</u> L3 – LGBTQ+ issues	N.A	<b>Your Journey of Life</b> L1 – Importance of a Will L2 – Legal registrations <u>[Assessment of Learning for Term 1]</u> L3 - Emergencies

		<u>[Assessment of Learning for Term 1]</u> L3 – Modern day slavery				
<b>Spring 1</b>	PSHE in the news and cultural capital	<b>Exploring Negative Attitudes (Sex)</b> L1 – Pornography L2 – Sexualisation in the media L3 – Misogyny	N.A	<b>Your Journey of Life</b> L1 – Credit cards L2 – Responsible borrowing L3 – Responsible sexual activity	N.A	<b>Your Journey of Life</b> L1 – Health and wellbeing L2 – Online behaviour and its ramifications L3 – Recognising destructive behaviours in yourself and others
<b>Spring 2</b>	PSHE in the news and cultural capital	<b>Staying safe (online)</b> L1 – Virtual reality, Live streaming and Gaming online <u>[Assessment of Learning for Term 2]</u> L2 – Time spent online and Digital footprint L3 – Behaviour (sexting / nudity)	N.A	<b>Your Journey of Life</b> L1 – Privilege <u>[Assessment of Learning for Term 2]</u> L2 – Fertility and reproductive health L3 – First Aid CPR	N.A	<b>Your Journey of Life</b> L1 – Sleep <u>[Assessment of Learning for Term 2]</u> L2 – Campaign for change L3 – Credit scores
<b>Summer 1</b>	PSHE in the news and cultural capital	<b>Staying safe (Drugs and Alcohol)</b> L1 – Substance use (risks and consequences)	N.A	<b>Your Journey of Life</b> L1 – Travelling safely L2 – Wellness L3 – Sustainable living	N.A	<b>Your Journey of Life</b> L1 – Whistle blowing L2 – Identity and its importance in modern day L3 – Dealing with disability

		<p>L2 – Festivals and nitrous oxide</p> <p>L3 – The war on drugs</p>				
<p><b>Summer 2</b></p>	<p>PSHE in the news and cultural capital</p>	<p><b>Citizenship and Relationships</b></p> <p>L1 – Critical thinking and fake news</p> <p>L2 – Sexism and gender</p> <p>L3 – Parenting <i>[Assessment of Learning for Term 3]</i></p> <p>L4 -Why do people take their own lives?</p>	<p>N.A</p>	<p><b>Your Journey of Life</b></p> <p>L1 – Pregnancy</p> <p>L2 – Getting married <i>[Assessment of Learning for Term 3]</i></p> <p>L3 – Crime and your behaviour</p> <p>L4 – Employment rights and responsibilities</p>	<p>N.A</p>	<p><b>Your Journey of Life</b></p> <p>L1 – Globalisation</p> <p>L2 – The distribution of wealth and power <i>[Assessment of Learning for Term 3]</i></p> <p>L3 – Theories of religion</p> <p>L4 – Life after retirement</p>