

Enrichment Spring Term January 2023

Ormiston

RIVERS

Academy



| | Before School | Lunch Time | After School |
|-----------|---------------|------------------------|---|
| | | Weights Room | |
| Monday | | Computing Club | |
| | | Band Club | |
| Tuesday | | Sixth Form Sports Club | Library |
| | | Choir | Boys Rugby (Yr7-10) |
| | | Chess Club | Girls Football (Yr7-11) |
| | | | ReCreate |
| Wednesday | Weights Room | Health & Fitness Club | Biteback School Food Champions (Yr 7, 8 & 9) |
| | | Drama Club | BTEC Sports Catch up |
| | | Interact Club | STEAM Club |
| | | Weights Room | Book Talk & Crafts Club |
| | | | Girls Rugby (All Years) |
| | | | Textiles Club |
| | | | Sketchbook Clinic |
| Thursday | | Weights Room | Art Journaling |
| | | Elite Dance (KS4/KS5) | Environmental & Ecological Group |
| | | Music Tech Club | Girls Netball (Yr 7-10 |
| | | | Boys Football (Yr7-10) |
| | | | Calm, Cultivate & Cook |
| Friday | Weights Room | Weights Room | 6 th Form Weights Room |
| Friday | | Elite Dance (KS3) | National Theatre Connections |

Art Journalling Club

What is Art Journalling?

Art Journaling is a visual diary--its record keeping combined with creativity! It's a place to record your thoughts, memories, and emotions through images, art and words. Art Journalling helps us learn to enjoy the process of creativity instead of stressing over the outcome.





What will be involved in the club?

Each week students will work in a sketchbook, notebook, book or even a magazine. They will learn different practical art-based techniques together with different prompts such as word or theme to create a response in their journal. Students will explore their own thoughts, emotions and ideas as well as exploring colour, pattern, line and shape. The journals are a personal space for students to explore their creativity.

When is Art Journalling Club on? Art Journalling runs every Thursday afterschool from 3.20pm to 4.20pm. It will be held in DO2 with Miss Nice.



If you have any questions or queries about the club please email: <u>pnice@ormistonriversac</u> <u>ademy.co.uk</u>





What is the **ReCreate Art** Club? **ReCreate** club involves students learning 3D sculpture techniques using found objects and recycled items to create substantiable artworks.



What is involved in the club?

We will be exploring the work and practices of artist Abigail Brown. We will be exploring techniques as such cardboard construction, paper clay and paper Mache along with recycled items. The theme of the work is the animal kingdom.

The club runs every **Tuesday from 3.20pm to 4.20pm** in D02. Students from Year 7, 8 and 9 are invited to enjoy the **ReCreate** club with **Miss Nice**. If you have any questions about the club please contact <u>pnice@ormistonriversacademy.co.uk</u> If you wish your child to attend please use the EVOLVE Link you are sent to book your child in.





ReCREATE Art Club

Sketchbook Clinic

What is Sketchbook Clinic?

The Sketchbook clinic is open for students at KS4 and 5 studying either GCSE Art or A level. It is an opportunity to work in the art department with Mr Ryan to develop your sketchbook to boost your coursework and final grade.



What's involved in the Sketchbook Clinic?

You will work with Mr Ryan looking at quick wins to boost marks in your sketchbook. You can utilise the resources, materials within the department and the expertise of Mr Ryan.

You do need to bring in your sketchbook to the session.



The club runs every Wednesday from 3.20pm to 4.20pm in T08. Students from Year 10, 11, 12 and 13 are invited to join the sketchbook clinic club with Mr Ryan.

If you have any questions about the club please contact <u>wryan@ormistonriversacademy.co.uk</u> If you wish your child to attend please use the EVOLVE Link you are sent to book your child in. Your child can attend as a drop in as well as every week.







What is Textiles Club?

Textiles Club is the opportunity to learn new textiles techniques as well refining your existing practical skills you have gained in your textiles lesson.



The club runs every Wednesday from 3.20pm to 4.20pm in D05. This club is for year 7, 8 and 9.



If you have any questions about the club, please contact <u>bjones@ormistonriversacademy.c</u> o.uk

What's involved in the Textiles Club?

You will explore and use different textile techniques such as patchwork, hand embroidery, applique, felting and many more. In addition to this you can develop skills using the sewing machine.

You can apply these techniques to your projects in your textile lessons.

All materials are provided but you can bring along any of your own.

Textiles Club





School Food Champions

What is School Food Champions?

A national youth social action project which aims to empower young people to make changes to the food culture around us and improve young people's access to healthy food – the aim is that childhood obesity will be halved by 2030. It was started by Jamie Oliver and over 100 schools took part last year.



The group started in September so is already established but we do have spaces for a few more students so if you are interested in improving the health and food availability of yourself and your peers and committed to the cause please book in and come along!

What will be involved in the club?

Each week students are learning about social action and issues surrounding food and health through hands on learning, games and discussions.

They have already learnt a lot about nutrition and the shocking ways in which companies subtly target advertisements for junk food at children.

We encourage you to watch this video here: <u>https://youtu.be/TLf2gOrL1iM</u> or search "Social experiment: the shocking effects of junk food advertising"

In the new year they will begin to analyse our current situation at school and in our local area, by researching and campaigning for changes that are needed and wanted. Examples in the past have included designing a healthier flapjack to be sold in the canteen, restrictions on the number of unhealthy cakes/cookies that can be bought in a day, ensuring every student has access to free or subsidised fruit and providing reusable water bottles to ensure they are well hydrated.

When is School Food Champions on?

We meet every Wednesday afterschool from 3.20pm to 4.20pm.

It is held in DO4 with Mrs Hyde.



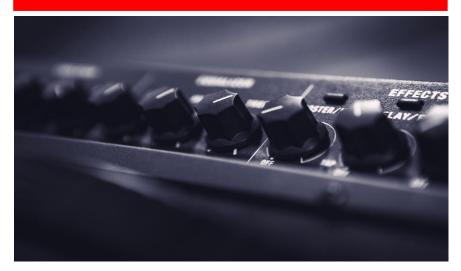
If you have any questions or queries about the club please r email: chyde@ormistonriversac ademy.co.uk

Band Club



In **Band club** students play a range of instruments and learn a repertoire working towards a showcase. Band Club is open to **all year groups** and runs on **Monday Lunchtimes in PA05 (STUDIO)** If you have any questions about this club, please contact Mrs Thurtle or Mr Priddle.

Music Tech Club



Performing Arts



Choir

In Choir students develop their singing skills and learn a range of repertoire and genres. Choir is open to all year groups and runs on **Tuesday lunchtime** in **PA02** with Mrs Thurtle and Ms Turnnidge. In **Music Tech Club** students use technical equipment to create and mix their own pieces of music. Music Tech Club is open to year groups and runs **Thursday Iunchtime in PA01.** If you have any questions about this club please contact Mrs Thurtle.

If you have any questions about any of the Performing Arts Club please contact the relevant teacher- or kdallard@ormistionriversacademy.co.uk or enrichment coordinator <u>pnice@ormsitionriveracademy.co.uk</u>



Drama Club



In Drama Club there is fun for all. Students will play drama games to build confidence in performance. In addition to this students will devise a small piece of theatre for Ormiston's Got Talent. Drama Club to open to all year groups and runs

Performing Arts

If you have any questions about any of the Performing Arts Club please contact the relevant teacher- or kdallard@ormistionriversacademy.co.uk or enrichment coordinator <u>pnice@ormsitionriveracademy.co.uk</u>



Fun For All Dance Club

The Dance Studio has now been opened for students to practice their favourite tik tok dances, choreograph their own dances. Students will also learn new repertoire and choreograph dances with **Miss Dallard**. Fun For All Dance Club is open to all year groups and runs **Friday Lunchtimes in PA03**.

Calm, Cultivate and Cook

What is Calm Cultivate and Cook?

It is a blend between cooking, gardening and growing our own food to use in school and possibly eventually with community projects.

We also learn about the origins of grown food – with a farm to fork theme to every session!



What will be involved in the club?

Some weeks we will do gardening tasks in the school garden – a dose of fresh air and exercise and a chance to de stress from the day. We will cook on other weeks and eventually enjoy the fruits of our labour!

When is School Food Champions on?

ir We meet every other Thursday afterschool from 3.20pm to 4.20pm. Week A It is held in DO4 with Mrs Hyde.

Most recently the club created gingerbread for Christmas, as well as making some bird feeders for the school meadow. We learnt about the origin of ginger and where it grows, and how wheat is turned into flour - we also had some Christmas songs on while baking to get us into the festive spirit!



If you have any questions or queries about the club please email: chyde@ormistonriversac ademy.co.uk







P.E. and Sports Clubs

The P.E. Department runs a wide range of sporting activities across the school including training in the weights room and various team sports. There are numerous sporting fixtures during the season for students to compete in.

Morning clubs meet in the main hall at 7.50am and students are required to attend in their P.E. kit then change into school uniform after.

Shin pads are compulsory for football.

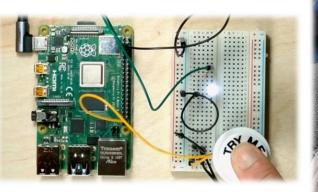
| Day | Morning | Lunch | Afterschool |
|-----------|-----------------|-------------------|---------------------|
| | (7.50am-8.30am) | | (3.20pm-4.20pm) |
| | | Weights Room | |
| Monday | | Years 10&11 | |
| | | SMO | |
| | | | Boys Rugby |
| | | Sixth Form Sports | Years 7-10 |
| | | Club | SMO & MCL |
| Tuesday | | | |
| | | DSA | Girls Football |
| | | | Years 7-11 |
| | | | DSA & LTA |
| | Weights Room | Weights Room | BTEC Sport Catch Up |
| Wednesday | All Years | Year 7 | DSA |
| | LAJ | DMA | |
| | | | Girls Rugby |
| | | | |
| | | | Girls Netball |
| | | Weights Room | Years 7-10 |
| | | Year 8 | DSA & LTA |
| Thursday | | MCL | |
| | | | Boys Football |
| | | | Years 7-10 |
| | | | SMO & MCL |
| | Weights Room | Weights Room | |
| Friday | All Years | Year 9 | |
| | LAJ | LTA | |

Please see the timetable for the various clubs and times that they run. If you have any questions about any of the P.E. or Sports clubs, please contact Mr Clay <u>mclay@ormistonriversavcademy.co.uk</u> or enrichment coordinator Ms Nice <u>pnice@ormistonsriversacademy.co.uk</u>

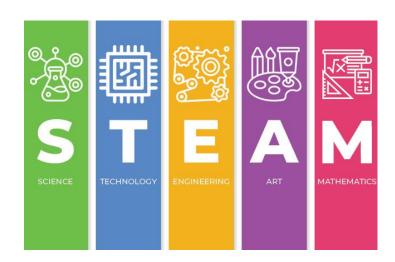
STEAM Club

What is STEAM?

STEAM is used to define a method of teaching that sees five subject areas – Science, Technology, Engineering, Arts and Maths – join together for a more holistic approach to learning. Benefits of STEAM include developing problem-solving skills, encouraging creativity and collaboration, and preparing students for the future workforce.







What will be involved in the club?

Students to take part in many STEM competitions including Rocket Building, Radio broadcast competition from ARU, Mindstorm Lego, Microbits, Raspberry Pi`s- Got something you want to build? Got an idea for something? Come to the club.



When is STEAM Club on?

STEAM runs every Wednesday afterschool from 3.20pm to 4.20pm. It will be held in IT04 with Mrs Gibson and Mr Zafar.

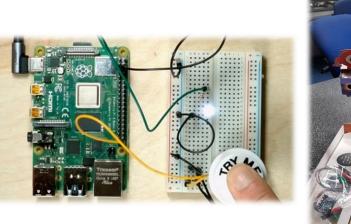


If you have any questions or queries about the club please email: <u>dgibson@ormistonrivers</u> <u>academy.co.uk</u>

Computing Club

What is Computing?

Computing club is to help students enhance or begin to learn how to create a program- this is in addition to what they learn in the curriculum. This enables students to experiment with all things computing including web design and hardware. It is also to help students gain confidence to create projects or to just have a go.





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|---|--|--|--|--|
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| while t > 0: | | | | |
| print(t) | | | | |
| t -= 1 | | | | |
| time.sleep(1) | | | | |
| print("BLAST OFF!") | | | | |
| <pre>int("How many seconds to count down? Enter an integer:") conds = input()</pre> | | | | |
| ile not seconds.isdigit(): | | | | |
| <pre>print("That wasn't an integer! Enter an integer:") seconds = input()</pre> | | | | |
| conds = int(seconds) | | | | |
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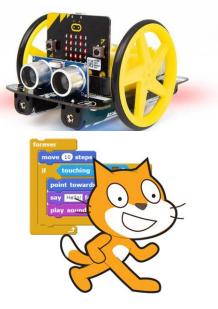
What will be involved in the club?

Students can use Mindstorm Lego, Microbits, Raspberry Pi's to create code, create projects or just learn to use them. There will also be the opportunity to sign up to iDea and earn badges, these then become a certificate that is an industry recognized accreditation.



When is Computing Club on?

STEAM runs every Monday lunch from 1.50pm to 2.15pm. It will be held in IT04 with Mrs Gibson.



If you have any questions or queries about the club please email: <u>dgibson@ormistonrivers</u> <u>academy.co.uk</u>

Chess Club

What is Chess Club?

Chess, one of the oldest and most popular board games, played by two opponents on a checkered board with specially designed pieces of contrasting colours, commonly white and black. Chess club is the opportunity to learn and practice the game of chess.



The club runs every **Tuesday lunchtime** from **1.50pm** onwards in **S04.** This club is open to **Year 7** only.

If you have any questions about the club, please contact

trigler@ormistonriversacademy.co.uk



What is Dora Love?

Dora Love, a Holocaust survivor, spent much of her life raising awareness that the attitudes which made the Holocaust possible – intolerance, discrimination and outright hatred of those who are regarded as 'different' for whatever reason, are still alive all around us. Dora Love died on 26 October 2011, but the Dora Love Prize continues her work. It is be awarded each year for the best Holocaust awareness project by an individual pupil or group of pupils of a school in Essex or Suffolk – primary, secondary or sixth-form college.





What does the Dora Love club involve?

Students involved in the club devise and lead projects to enter the Dora Love prize to raise awareness of holocaust based on this year's Dora Love theme. Students have decided to create an art trail from the Burnham Museum along the sea wall getting local businesses involved. The artwork will be produced by students.

Dora Love

What is the purpose of the Dora Love Club?

The aim of the Dora Love club is to raise awareness of the messages that made the Holocaust possible to ensure such events never happen again.

The Dora Love Club runs Wednesday lunchtimes. If you have any questions about the Dora Love club, please contact

<u>amurphy@ormistonriversacade</u> <u>my.co.uk</u>

Year 7 Book Talk & Craft Club

What will be involved in the club?

Each week students talk about the books they are currently reading. They can choose books from the library, discover new authors and read the latest titles.

We have recently purchased a wide range of new fiction and non-fiction, so there is something for every child to enjoy reading.



Students are challenged to write book reviews, complete word puzzles, and write their own stories or poetry.

They learn practical craft skills by making bookmarks, journals, miniature books, illustrations and posters.

Crafts are often linked to events and themes such as poetry birds for National Poetry Day, pumpkin journals at Halloween, or autumn themed miniature concertina books.

When is Year 7 Book Talk & Craft Club on?

Book Talk & Craft Club runs every Wednesday afterschool from 3.20pm to 4.20pm in the Learning Resource Centre with Mrs Yerbury, Librarian.



If you have any questions or queries about the club please email: <u>cyerbury@ormistonrivers</u> <u>academy.co.uk</u>







Rivers Newsletter Club



Are you proud of your Academy? Do you want to share some of the events, lessons or activities you've been involved in or seen? Do you want others' to know the great things about your school, or the great things that you've achieved, either in school or personally? If so Rivers Newsletter is for you!

This is a welcoming and inclusive club; open to all! You do not need to be the best writer in the world – you just need to be enthusiastic and willing to join in and contribute – we're here to support you. We want to share good news, activities and items of interest, however big or small, with parents and the wider community. Take a look at some previous newsletters via this link: Ormiston Rivers Academy





Rivers Newsletter Club is open to all year groups **after school** on **Tuesdays** in the **library**. If you have any questions about the newsletter club, please contact <u>jdamps@ormistonriversacademy.co.uk</u>

Eco Club is mixture of classroom and practical sessions. The group has already achieved the Eco Schools Green Flag award with a merit in the Summer and looking towards the renewal with Distinction. Our chosen projects are

- Reduction in single use plastic
- Complete removal of litter
- Creation of a wellbeing garden for staff in the Wild Meadow
- The processing and improvement of our recycling policy



If you have any questions or queries about the club, please email: <u>amahoney@ormistonriversacademy.co.uk</u>

If you wish your child to attend please use the EVOLVE Link you are sent to book your child in.



Eco Club

There is also outdoor work in areas around the academy. This includes the bird feeders and bug mansions in the wild meadow. In the Spring we will be planting vegetables with the hope that we can supply produce to local care homes as well as replanting summer bedding to encourage pollinators.





There are several events taking place in the Spring term: The Bird Garden Bird Watch, The Great Big School Clean to name a few. Why don't you come along and join us in the quest to make the world a better place.