

PSHE and Citizenship Curriculum Plan Year 11

Colour Code:

Blue = Rights and responsibilities and British Values

Green – Celebrating diversity and equality

Pink – Relationship and sex education

Orange – Staying safe online and offline

Purple – Health and wellbeing

Key:

British Values - BV

Equality and Diversity – E&D

Spiritual, Moral, Social, Cultural - SMSC

Maths, English, IT – M/E/IT

AIRR Values – A (Aspirational) I (Independence) Ri (Resilience) Rs (Respect)

	Year 11		
Drop Down Days	Autumn 1 – 30 th November - Year 11 RE DDD 1 – Topic: Marriage and the family Spring 1 – 9 TH February – RE DDD 2 – Topic: Crime and punishment		
External Visits	2 nd December - Gavin McKenna guest speaker – Gangs 7-13 th February - Culture Week 19 th /20 th April – Essex Police Abuse Workshop		
Term	Mentor time (once a week)		
Autumn 1	Approaching Exams L1 – SMART goals L2 – Revision strategies L3 – Revision strategies L4 – Revision timetabling and planning L5 – Sleep, diet and you time		None (Careers)

	L6 – Managing exam anxiety L7 – Managing exam anxiety		
Autumn 2	Sex Education L1 – Respect and relationships L2 – MOCK EXAM WEEK L3 – MOCK EXAM WEEK L4 – STIs revisited L5 – Contraception revisited L6 – Alcohol and bad choices		Citizenship L1 – Income and expenditure L2 – Insurance L3 – Saving and managing money L4 – Pensions L5 – How public money is spent L6 – The legal system
Spring 1	Adult health and looking after yourself L1 – Organ donation L2 – Giving blood L3 – Safety (road, rail, sea etc) L4 – Fair minimum wage L5 – Does violence in video gaming cause some people to act out violently? L6 – Why do teens idolize celebrities?		None (Careers)
Spring 2	Adult health and looking after yourself L1 – Teenage pregnancy choices L2 – Abortion laws, morals and ethics L3 – Parenthood (types) L4 – Love and abuse L5 – Fertility and what impacts it L6 – Sexual health		Citizenship L1 – Run, hide, tell L2 – Do we have a responsibility to vote? L3 – What is social justice? L4 – What is institutional racism L5 – What is white privilege L6 – What is the UK's relationship with the rest of Europe, the Commonwealth, the UN and the wider world
Summer 1	EXAMS/No content or delivery		EXAMS/No content or delivery
Summer 2	EXAMS/No content or delivery		EXAMS/No content or delivery