

My family history

Your family history is very important and is what makes you, you! Every person's family history is different which makes us all unique in our own way. Some of us do not know much about our family tree or our family story but that doesn't mean your family doesn't have a rich and colourful history. This workbook will guide you into exploring your family tree. So get your magnifying glass out and roll up your sleeves, we are about to embark on a journey of discovery. First stop? **All about you!**

Name: _____

Age: _____

Birthday: _____

I would like to be a _____
when I grow up.

My teacher is: _____

Write your superhero name here!



I like school because:

My hobbies are:

My favourite things.

Food: _____

TV show: _____

Film: _____

Book: _____

Sport: _____

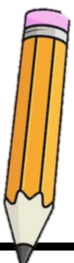
Holiday: _____

Animal: _____

Place: _____



Me and my family:



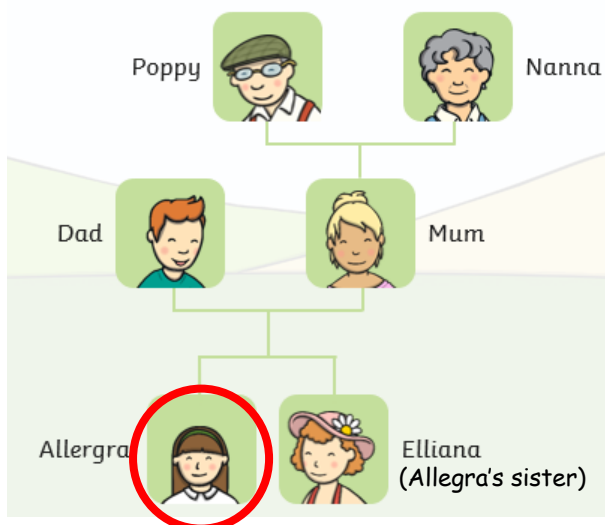
My family history

What is a family tree? Everyone has one. A family tree is a way of displaying the relationship between a number of people within a family. A family tree helps us to tell our family story and share information about our past.

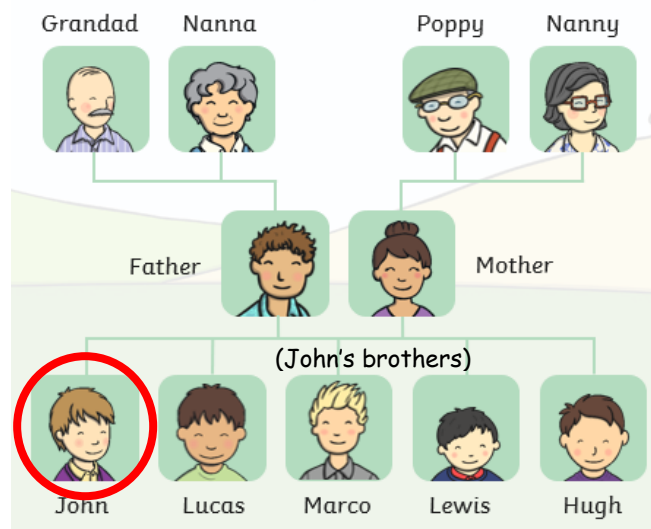


A family tree helps us to sequence information about our family, from the oldest to the youngest. You can use photos, drawings or words to help share information about your family.

Allergra's Family Tree



John's Family Tree



Question time!

1. How many children are in John's family?
2. What does Allegra call her grandparents?
3. Who are the oldest people in John's family tree?
4. How many people are in Allegra's family tree?

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Now it's your turn! Write down your different family members on the leaves and then add them to this tree. Add as many family members as you can. Your parents/ carers will be able to tell you about family members from long ago that you might never have met.

Name: _____
Age: _____
Relationship to me: _____

Name: _____
Age: _____
Relationship to me: _____

Name: _____
Age: _____
Relationship to me: _____

Name: _____
Age: _____
Relationship to me: _____

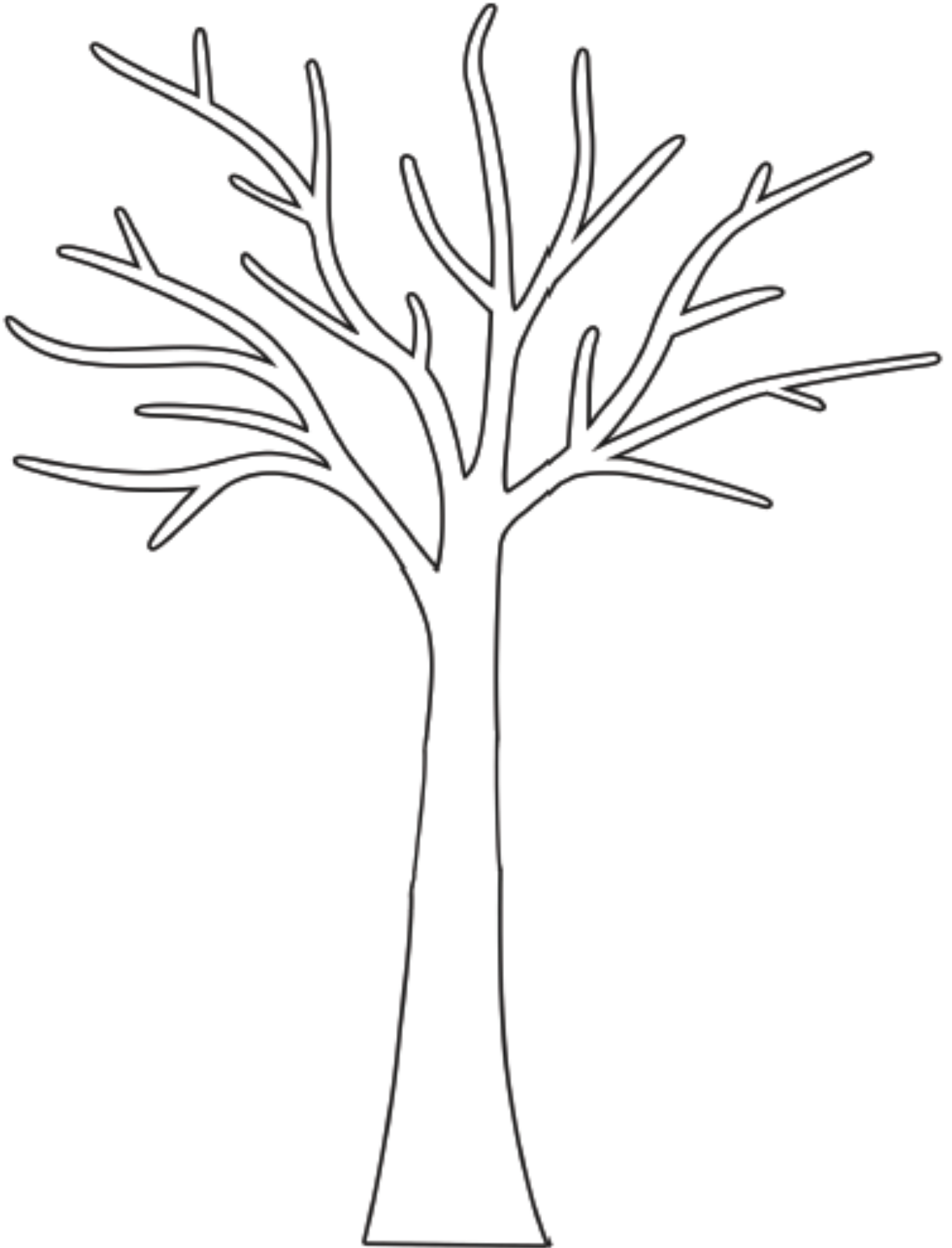
Name: _____
Age: _____
Relationship to me: _____

Name: _____
Age: _____
Relationship to me: _____

Name: _____
Age: _____
Relationship to me: _____

Name: _____
Age: _____
Relationship to me: _____

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We can learn a lot about the past from our family. They will have memories and stories about the past that you might never have known about. Pick a family member and ask them these questions to find out more about your history.



Who am I interviewing:

1. Who lived in your house when you were growing up?

2. Where did you live as a child and has this changed?

3. What did you typically eat in a day?

4. What games did you play with your friends?

5. What was your favourite toy?

6. What was your favourite book?

7. What was your favourite subject at school?

8. What was your favourite music to listen to?

9. Who was your best friend when you were a child?

10. Who did you want to meet when you were a child?

11. What did you want to be when you were older?

12. What was your first job?

13. How has life changed since you were a child?

My family history



Your grandparents are founts of knowledge because they have lived for a very long time. They know lots about the past and about people you may have never met. They grew up in a very different time to you making their life story very interesting.

My grandparents



1. When and where were you born?

2. What were your parents' names?

3. What is your best memory of your mum and dad?

4. Where did you grow up?

5. What did you do for fun?

6. How did you like school?

7. What did you want to be when you grew up?

8. How did you meet Grandma/ Grandpa?

9. What jobs have you had?

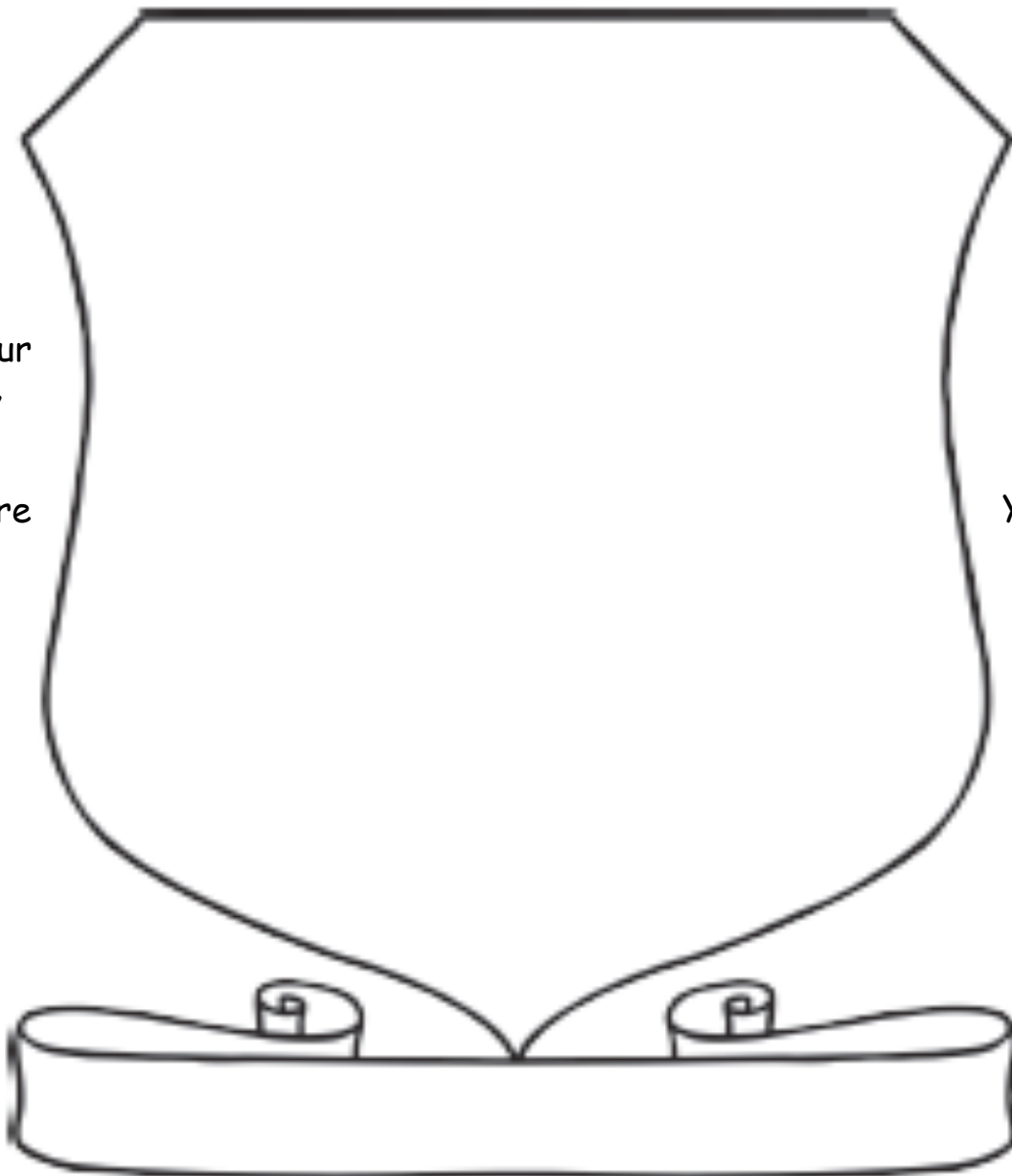
10. What is your recipe for happiness?

11. What is your proudest achievement?

My family history

A family crest is sometimes also known as a coat of arms. A coat of arms is a symbol used to identify families or individuals. It is a detailed design that often includes a shield, crest, helmet, motto, and more. Coats of arms can help you learn a lot about your family. They were intended to recognize achievements and family heritage, so the design can provide insight into your family's legacy. They're also passed down through generations and carry the history of the family with them. You can check to see if your family has one by going onto this website: <https://www.houseofnames.com/nameSearch>. Make sure you have your parents/ carers permission to do so.

Copy your
family
crest
onto here



Or
make
your own!