



Why a new publication?

In our recent parent survey 28.6% of parents did not know what Personal development opportunities the school provided for students or what this area covered. As a response to this we have decided to publish a half termly newsletter to share with you all of the work we do in this area and how we support students with their personal development.



So, what is Personal Development?

Personal development is the development of young people to help them become active, responsible citizens who have a range of traits that will allow them to move on to the next stage in their lives in a healthy, responsible and successful way. Personal development includes the following areas:

- Citizenship – developing students to be active, responsible and respectful citizens who are actively involved in public life.
- British values – ensuring students understand the fundamental British values of democracy, individual liberty, the rule of law and mutual respect and tolerance.
- Character and traits – developing positive personal traits and virtues to enable them to learn, reflect, cooperate with others and behave with integrity.
- PSHE – developing students understanding of how to develop healthy relationships through appropriate relationships and sex education, how to be physically healthy, eat healthily and maintain a healthy physical lifestyle, and development of the skills and knowledge required to stay mentally healthy.
- Equality and diversity – promoting opportunities for students to thrive together and to celebrate diversity.
- Safety – developing students' understanding of online and offline risks and ensuring they are aware of the support available to them
- Careers education, information and guidance – providing an effective careers programme that provides opportunities for work experience, access to unbiased careers advice, and contact with employers.
- Enrichment – providing enrichment opportunities such as extracurricular clubs, to allow students to develop their interests.



At Ormiston Rivers Academy key staff that support the Personal Development of students are:



Miss Victory
Assistant Principal responsible for
Personal Development



Mrs Crump
PSHE and Citizenship Lead



Miss Green
Enrichment Coordinator



Ms Goodfellow
Assistant Principal – Safeguarding
and well being Lead



Mrs Compton
Careers Lead



Mr Clay
House system Lead



Enrichment Provision

Our enrichment provision, which includes sports clubs, extra-curricular and supra-curricular activities, has been somewhat restrained by the necessary precautions. While we continue to follow the most recent advice from the Department for Education, to ensure the safety of our students and staff, we have still been able to provide a range of exciting and useful opportunities. We are seeking to expand this provision, wherever possible, and are currently looking forward to many new enrichment opportunities in the next half term.

Our enrichment programme is administrated through our new Evolve software. To keep up to date and to enjoy the full benefits that this software enables, please could all parents ensure that they have created a myEVOLVE account: <https://evolve.edufocus.co.uk/myevolve/login.asp?redirect>.

A myEVOLVE account allows parents to enjoy continuous visibility of our enrichment programmes, as well as making it easier to monitor the clubs that students are registered to attend.



Super 6

We need to commend the vast majority of our Year 11 cohort, and their teachers, who have shown amazing dedication to their GCSE results by attending our after-school programme of revision: Super 6!



- 86.5% of Year 11 have attended at least one session
- Most are attending multiple sessions per – week
- Some are attending five sessions per-week
- This half-term, we have registered over
- 1700 hours of additional teaching after school, for this Year Group

Ormiston Rivers Academy is so proud of the Year 11's dedication and commitment, well done Year 11!



PE

The PE Department have been very busy this half term. Year 7, 8 and 9 have enjoyed high intensity interval training (HIIT), Intervals and Athletic Throws. Year 10 and Sixth form have been enjoying Bootcamp. We're looking forward to introducing football/rugby skills and cross-country next half term but numbers will be capped so get your bookings in as soon as possible!

Many More

Our other clubs, this half term, have included Spanish, Science, Investment & Economic, Art, Media, Storytellers, Technical Theatre, NCFE Coursework, STEM and Computing. We are planning many more exciting clubs next half term such as Duke of Edinburgh, Film Clubs, Burnett News Club, Reading Club and more! Stay up to date with all of the upcoming opportunities by using the Evolve email publications, as well as through your myEVOLVE parent account.



Student Voice

We have recently asked some of our students for their opinions about the clubs that have been available to them, they had the following things to say:

Next half term we will be canvassing opinion from our students to discover what clubs they would really like to see happening. This information will enable us to ensure that the best possible range of opportunities is available.

English Super 6 has been useful because the quality of teaching is really high. Smaller groups help us to learn.
Max Blackholly – Year 11

Super 6 is useful because it gives you the help you need.
Evie Carrington – Year 11

Miss Gibson makes STEM Club really fun!
Grace Bettis – Year 9

Miss Flack has focussed on specific topics in our Super 6 English lessons, which is really helpful.
Hannah Banks – Year 11

The UCAS Personal Statement Drop-in session...helped me to improve and add to my own statement, in order to give me the best chance of studying at university as possible.
Joseph Murray – Year 13

STEM Club is a fun and arithmetically challenging extra-curricular club, where you can learn new skills you never ever knew about before.
Lukian Wall – Year 9



September – October Half Term Timetable

Day	Breaktime 11.15am - 11.40am	Lunchtime 1.45pm – 2.15pm	Afterschool 3.20pm – 4.20pm
Monday		Investment Economic Club Year 13 T&L Room UCAS Drop-in Year 13 6LR	Super Six, Various Subjects Year 11-13
Tuesday		Computing Year 7 LRC	Athletic Throws Year 7
			HIIT Training Year 8
			Interval Training Year 9
			Outdoor Bootcamp Year 10
			Technical Theatre Club Sixth Form
			Super Six, Various Subjects Year 11-13
Wednesday		Digital Media and School magazine Year 10	Interval Training Year 7
			Athletics Throws Year 8
			Art Club Year 9 S03
		UCAS Drop-in Year 13 6LR	HIIT Training Year 9
		Spanish Club Year 7 T&L Room	NCFE Coursework Catch-up Year 10 M12
			Super Six, Various Subjects Year 11-13
Thursday		Science Club Year 7 S11	HIIT Training Year 7
		Rivers Young Reporters and Storytellers Year 9 E07	Interval Training Year 8
			Athletic Throws Year 9
			STEM Club Year 9 S01
			Outdoor Bootcamp Year 10
			Outdoor Bootcamp Sixth Form
			Super Six, Various Subjects Year 11-13
Friday			Super Six, Various Subjects Year 11-13

Our new club timetable for next half term is coming soon, please monitor your emails for all the most recent opportunities!



House System

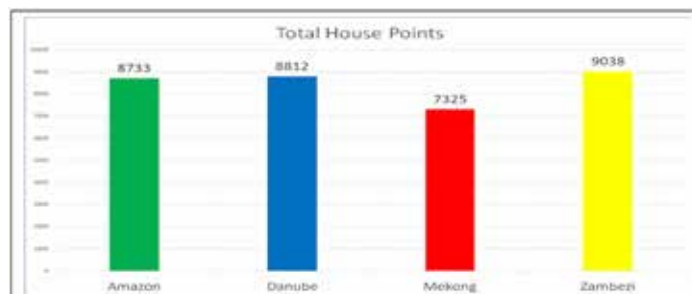
Amazon	Danube	Mekong	Zambezi
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Every student in the school is now part of a House as they become part of a team aiming to win the House Cup at the end of the year. Each House is accompanied by a Head of House and a Sixth Form House Captain to help them to achieve this. As you may have guessed, our Houses are based on World Rivers!

Amazon House Captain	Danube House Captain	Mekong House Captain	Zambezi House Captain
			
Harry Skitmore	Rosario Turner	Jodie Allen	Sophie French
Amazon Head of House	Danube Head of House	Mekong Head of House	Zambezi Head of House
			
Miss Tate	Miss Welham	Miss Dallard	Miss Thurtle

Over the year there will be a variety of opportunities for students to take part in House competitions which will earn points for their Houses. The competitions will range from individual competitions in History and Art to team competitions in PE.

In combination with the competitions, students will also receive merit points from their classroom teachers. Merits can be awarded for a range of reasons such as kindness, exceptional effort towards classwork or home learning. The table below illustrates the current standings.



Good luck to all houses as they continue to chase down the current leaders, Zambezi!

Google Classrooms

All students have been sent a Google Classroom request. Please accept to see competition details and up to date house scores.

Current Competitions taking place

- History – Black History Month Reflection
- Performing Arts – Virtual Talent Competition
- Science – Egg Drop Parachute Challenge

Upcoming Competitions

- PE – Cross Country
- Art – OAT Christmas card Competition
- Business – Student Investor
- Religious Studies – Design a protest
- MFL – Christmas Competition





An Introduction to Personal and Social Development at Ormiston Rivers Academy

Personal, Social and Health Education (PSHE) is a school subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work.

Citizenship education gives pupils the knowledge and skills to understand, challenge and engage with democratic society including politics, the media, civil society, the economy and the law.

Meet our PSHE and Citizenship Lead

Mrs Crump is our PSHE and Citizenship Lead and is passionate about creating opportunities for our young people to develop the knowledge, skills and attributes they need to manage life's challenges and make the most of life's opportunities.

Our aim is to develop mature, confident and thoughtful citizens. We have a thorough programme of PSHE for all students as well as an exciting Citizenship programme of study.

PSHE and Citizenship *NEWS*

This half term we have been supporting all students with their transition back to school after lock down, with a focus on ensuring students are comfortable and successful in their return to school, supporting their wellbeing and moving forward with areas such as growth mindset.

Years 7, 8 and 9 have also been exploring PSHE topics through their Drama studies and have developed skills and knowledge surrounding positive and negative behaviours including how to manage risk and make informed decisions.

PSHE and Citizenship *EVENTS*

We have also enjoyed great success this half term with students taking part in PSHE Events such as:

- **Healthy Eating Week** – the aim of the week was to bring the academy together for a dedicated week, focusing on key health messages and promoting healthy habits.



- **Hello Yellow** – students wore something yellow to show support towards and raise awareness of the Hello Yellow campaign - a young minds, mental health charity and support network.





- **Year 12 Key Skills Day** – Year 12 were involved in workshops to help them learn key skills and techniques to allow them to be successful in their Sixth Form studies.
- **Get Up Stand Up Club** – for Year 10/11 students who are interested in making a difference through social action
- **LGBTQ+ Club** – a virtual club for students who would like to raise awareness of LGBTQ+ within the school



PSHE Initiatives to Look Forward to next Half Term

Next half term will see our students take part in a number of new initiatives to support their knowledge and skillset in Personal, Social and Health Education:

- **Year 8 Risk Avert Programme** - a UK wide award-winning school based programme giving young people the skills and confidence to make better choices when faced with issues such as: smoking, drugs, alcohol, self-harm, online risks, bullying, negative body image etc.

Risk-Avert Full Evaluation Report

- **First Give Project** - student will focus on taking action to tackle social issues in our local area. Over a series of 8 lessons students will learn, research, plan and deliver a social action project, then present in a school final. The winning class wins a First Give grant of £1,000 for their charity.
- **Year 10 Relationships and Sex Education Drop Down Day** - a focus day for year 10 pupils which will focus on exploring the emotional, social and physical aspects of growing up, having relationships, engaging in sex, and learning about human sexuality and sexual health.
- **Active Citizenship Award** - a programme which will recognise students' contributions to the wider community



ACTIVE CITIZENS



Recent Events

Healthy Eating Week: 28th September to 2nd October 2020

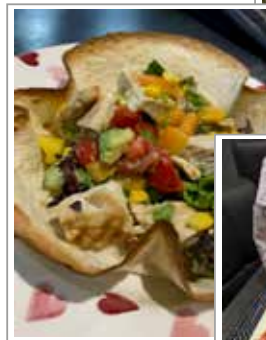
Healthy Eating Week saw many of our staff, students and their families taking part in various challenges to promote healthy eating and a healthy lifestyle.

The challenges included, eating more wholegrains, varying the vegetables eaten, drinking more water, moving more, and being mind kind – as well as expanding to include family at the weekend with an eat together challenge and a get active together.



Many of our students have taken part and have been sharing the ways they have taken on each challenge with us! It's been great to see all the lovely healthy things they have been eating, the water they've been drinking as well as the ways they've exercised more and been "mind kind" from talented artists, to music and reading. We do hope they will continue these healthy habits for life.

We have presented everyone who participated in all 7 challenges with a certificate and these students will enter a draw to win a cookbook, to further inspire and educate them on healthy eating.



Year 12 Key skills For Sixth Form success - 12th October 2020

On Monday 12th October Year 12 were involved in workshops to develop key skills and techniques to allow them to be successful in their Sixth Form studies. They all took part in the following 4 sessions:

1. **Vision and revision** - where they looked at their short to medium term aims, and also were shown usable revision strategies and information regarding effective revision.
2. **Resilience and growth mindset** - they looked at their grit score and developed short, medium and long term plans to improve their resilience.
3. **Independence** - they were taken through techniques and strategies to allow them to make the most of their free/study time.
4. **Organisation and time management** - year 12 were taken through how to organise their work, how to use tools to track deadlines and prioritise their workload, and how to manage their time effectively.

Year 12 enjoyed the day and felt they would really benefit moving forward from the lessons learnt in the workshops.



Black History Month – October 2020

As part of Black History month, Miss Hayward delivered a virtual assembly to all year groups to help develop their understanding of black history in the UK. Alongside this staff in lessons have been celebrating key BAME figures who have made significant contributions to their subject area. Examples have included Madam CJ Walker the first self-made millionaire, Gladys West whose work on the accurate positioning of satellites underpins sat nav technology, and Otis Boykin who developed the circuitry in pacemakers.





Hello Yellow – 21st October 2020

Staff and students were encouraged to wear something yellow alongside their normal uniform to support Young Minds, the mental health charity and Mental Health Day. The aim of the day was to raise awareness of mental health and to share the importance of mental health awareness. Students and staff all participated and did their bit to support this cause.

